

The King's Fund Directory

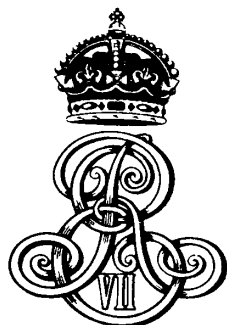
The King's Fund Directory

**of Organisations for Patients
and Disabled People**

Compiled by Kathy Sayer BA MSc

King Edward's Hospital Fund for London

The King's Fund Directory



King Edward's Hospital Fund for London

<i>Patron</i>	Her Majesty The Queen
<i>Governors</i>	HRH Princess Alexandra, The Hon Mrs Angus Ogilvy GCVO Sir Andrew H Carnwath KCVO DL Lord Cottesloe GBE TD
<i>Treasurer</i>	R J Dent
<i>Chairman of the Management Committee</i>	Lord Hayter KCVO CBE
<i>Secretary</i>	G A Phalp CBE TD

King Edward's Hospital Fund for London is an independent charity founded in 1897 and incorporated by Act of Parliament. It seeks to encourage good practice and innovation in health care through research, experiment, education and direct grants. For information, write to the Secretary, King Edward's Hospital Fund for London, 14 Palace Court, London W2 4HT.

The King's Fund Directory

of organisations for patients and disabled people

Compiled by
Kathy Sayer BA MSc

Introduction by
Stuart J Steele FRCS FRCOG
Director
Academic Department of Obstetrics and Gynaecology
Middlesex Hospital Medical School, London

KING EDWARD'S HOSPITAL FUND FOR LONDON

King Edward's Hospital Fund for London

**The King's Fund directory of organisations for
patients and disabled people.**

- 1. Voluntary health agencies — Great Britain —
Directories**
- 2. Hospital patients — Great
Britain — Societies, etc. — Directories**
- 3. Handicapped — Great Britain — Societies, etc. —
Directories**

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INTRODUCTION

Those responsible for providing health and social services have recognised increasingly in recent years the importance of the role played by voluntary organisations. The evidence for this is to be found in a number of ministerial statements at one end of the scale; at the other by the numerous organisations existing locally who come together to pool their considerable resources to provide a better and perhaps more human service to those making use of the resources of hospitals or of community-based services.

The King's Fund Centre has a tradition of supporting voluntary agencies in health care and recently has been exploring ways in which professionals communicate with each other and with their patients and clients. It has become increasingly clear that what are loosely called 'patients' associations' contribute significantly to the well-being of groups of patients and can indeed facilitate communication between patients and those looking after them.

The word 'patient' can be both misleading and controversial in this context. It must be stressed that the use of the word is in no way meant to imply that all those included in the group are 'sick'. For example, groups involved in the care of battered women and children, with the elderly and with one-parent families provide a real service and can greatly assist the health care and social service professionals. The word 'patient' therefore is a shorthand descriptive term relating to the situation in which the directory is intended to be used.

The first conference bringing together representatives of a number of patients' associations was held some three years ago. It soon became evident that their styles, their origins and their working methods were almost as multifarious as they were themselves. Some originated from demonstrable failures by the established services; others to fill gaps which had not been perceived. But all have the same broad objective to improve the quality of life and care for particular groups of people for whom the common factor is a problem, a handicap or a sickness.

INTRODUCTION

It came as something of a surprise to us when organising meetings of these associations to realise that they are so numerous and so varied. Although other directories are known to exist, it became clear that there was a place for a readily accessible directory describing the work of such associations and designed to be of assistance both to patients and clients as well as to those involved in helping or caring for them.

In compiling a directory of this kind from the great number and variety of voluntary organisations which exist, it has proved necessary to adhere to certain guidelines. Most obviously the major aim has been to concentrate on organisations working in the health area. Several of the social welfare type of organisations have been included for two reasons. First, because many organisations, although not set up to deal specifically with problems of illness or handicap, nevertheless operate in this area. Second, because there is no real boundary between social and medical problems.

In selecting entries, emphasis has been placed on organisations offering practical help or advice, thereby excluding those interested solely in research or pressure group activities. Similarly, information about organisations mainly concerned to provide financial aid will best be sought in other publications, although a few of the major ones have been mentioned.

The considerable amount of work involved in the preparation of this directory has been carried out for the King's Fund Centre by Miss K B Sayer BA MSc. I believe that many will be grateful to her for this contribution to the welfare of those who depend on the health and social services.

Stuart J Steele

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HOW TO USE THE DIRECTORY

The directory contains basic information on organisations which operate on a national basis and which will, therefore, welcome enquiries from anywhere in the UK.

It is arranged in 14 sections. The first nine concern the main groups of disabilities and handicap for which considerable numbers of organisations have been set up. Each of these sections is subdivided to cover certain aspects, such as mobility, hobbies, homes and so on. Organisations in the subdivisions are listed alphabetically.

The tenth section lists organisations concerned with specific disabilities, and these are arranged alphabetically by disability.

The headquarters of the well-known big voluntary organisations are given in the eleventh section, each with a space for writing in the address and telephone number of your local branch.

The next two sections list 'alternative medicine' groups and miscellaneous organisations.

The final section is a list of organisations in Scotland, Wales and Northern Ireland.

The variety of aims, size, services and interests of the organisations defies precise classification. It is hoped, however, that the arrangement of the directory and the coded index will help the reader to find quickly the particular organisation he needs.

Every effort has been made to ensure that the directory is comprehensive and that the information was accurate and up to date at the time of going to press. The King's Fund would welcome information on new groups and organisations for patients and disabled people, which are not contained in the directory.

BLINDNESS

General

ASSOCIATION OF BLIND AND PARTIALLY SIGHTED TEACHERS AND STUDENTS

**36 Town Row
West Derby
Liverpool**

Telephone: 051-226 2772 or 051-220 4661

Founded 1970 Registered charity

Aims	To enable all visually handicapped people working in education to exchange ideas and pool experience to their mutual advantage; bring their collective influence to bear on the development of services designed to meet their special needs; have a say in the making of decisions which affect the educational and employment opportunities available to them and to the visually handicapped generally
Secretary	Mr A K P Connell
Membership	Open to visually handicapped people involved in education
Publications	Quarterly bulletin
Activities	Advice and information service; pressure group activities

BRITISH RETINITIS PIGMENTOSA SOCIETY

24 Palmer Close
Redhill
Surrey RH1 4BX

Telephone: 01-916 1937 (Redhill 61937)

Founded 1975 Registered charity

Aims To give relief to sufferers in any way which may help them to live with, or to overcome, their handicap; and to pursue measures towards finding the cause of retinitis pigmentosa and means of its treatment and cure

Secretary Mrs L M Drummond-Walker

Membership Open to all

Branches 10

Publications Quarterly newsletter; pamphlet giving information on medical social and research aspects, and on aids and services

Activities Medical advice; dissemination of information; fund raising to sponsor research; formation of local branches; establishment of links between families

BLINDNESS

General

INTERNATIONAL GLAUCOMA ASSOCIATION

King's College Hospital

Denmark Hill

London SE5 9RS

Telephone: 01-274 6222 ext 2453

Founded 1974 Registered charity

Aims	To reduce needless glaucoma blindness in this country and throughout the world by spreading information about glaucoma and by stimulating the greater provision of resources for early detection and careful management
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Secretary- Organiser	Ann Warwick
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Membership	Open to ophthalmologists, opticians, general physicians, lay members interested in the objectives of the association
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Publications	Newsletter; posters; information sheets; booklet for patients
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Activities	Advisory correspondence service; discussion forums; informal contacts with eye specialists and fellow patients; research section
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**JEWISH BLIND AND PHYSICALLY
HANDICAPPED SOCIETY**

118 Seymour Place
London W1

Telephone: 01-262 2003

Founded 1968 Registered charity

Aims To assist necessitous Jewish blind or physically handicapped persons, and to encourage them to live on their own with minimum assistance

**Secretary-
Organiser** Mr Malcolm J Ozin

Publications Annual report, yearbook and diary

Activities Counselling; provision of specially designed accommodation (London only) and food vouchers; financial aid

BLINDNESS
General

JEWISH BLIND SOCIETY

1 Craven Hill
London W2 3EW

Telephone: 01-262 3111

Founded 1819 Registered charity

Aims To provide as comprehensive a social service as possible, giving support and advice; encouraging as much independence as possible, and providing residential care where necessary

Executive Director Mr M Vanson

Publications Biannual journal; publicity leaflets

Activities Social workers visit clients in their own homes and are available for consultation at the day centres; runs three homes and four day centres, clubs and groups for leisure activities

BLINDNESS
General

NATIONAL LEAGUE OF THE BLIND AND
DISABLED

Tottenham Trades Hall
7 Bruce Grove
London N17 6RA

Telephone: 01-808 6030

Founded 1899

Aims

The league is the trade union of blind and disabled workshop employees but is concerned to secure improvements in the economic and social conditions of blind and disabled people as a whole

General
Secretary

Mr Tom Parker OBE

Membership

Open to any registered blind or partially sighted person over the age of 16 and also to any sighted disabled person employed in sheltered workshops for the blind

Branches

67

Publications

Bimonthly newsletter in braille; quarterly newsletter in inkprint

BLINDNESS

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Secretary

Mr Tom Parker OBE

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Open to any registered blind or partially sighted person over the age of 16 and also to any sighted disabled person employed in sheltered workshops for the blind

Branches

67

Publications

Bimonthly newsletter in braille; quarterly newsletter in inkprint

BLINDNESS

General

PARTIALLY SIGHTED SOCIETY

40 Wordsworth Street

Hove

East Sussex BN3 5BH

Telephone: 0273 736053

Founded 1967 as the Society for the Visually Handicapped,
renamed in 1973.
Registered charity

Aims To press for provision to meet the special
needs of all partially sighted people; to
promote educational development; to im-
prove employment opportunities; to identify
gaps in the help available; to represent
partial sight interests at all levels; to inform
the public of the needs and aspirations of
the partially sighted

Secretary-
Organiser Mr Eric Howell FCIS AMBIM

Membership Open to all

Branches 30

Publications Regular journal; booklets and pamphlets

Activities Formation of nationwide network of groups;
advisory and information service; interested
in careers and employment opportunities,
the expansion of educational opportunities
for partially sighted children and the design
of aids and equipment; encourages research

ROYAL NATIONAL INSTITUTE FOR THE BLIND

224 Great Portland Street
London W1N 6AA

Telephone: 01-388 1266

Founded 1868 Registered charity

Aims To promote the better education, training, employment and welfare of the blind, and generally to watch over and protect the interests of the blind and to further the prevention of blindness

Director-
General Mr E T Boulter

Branches 10

Publications Monthly journal; instruction books and pamphlets in inkprint; books and periodicals in braille type; books and periodicals in Moon type; braille music; talking books

Activities Personal assistance to the blind; prevention of blindness; provision of homes, hotels and hostels; promotion of welfare of the deaf-blind; rehabilitation of the newly blind; provision of apparatus; professional and technical training for physiotherapy and commercial and industrial occupations; education advisory service; reference library and information service; research and development

See also

NATIONAL ASSOCIATION FOR DEAF, BLIND
AND RUBELLA HANDICAPPED (page 24)

NATIONAL DEAF-BLIND HELPERS LEAGUE
(page 25)

BLINDNESS
Ex-servicemen

ST DUNSTAN'S

PO Box 58
191 Old Marylebone Road
London NW1 5QN

Telephone: 01-723 5021

Founded 1915 Registered charity

Aims To provide rehabilitation, training and life-long aftercare for men and women blinded as a result of war service, and to equip them to pursue an occupation in the ordinary sighted world

Secretary Mr C D Wills

Membership Open to men and women whose blindness results from war service or from service with HM Forces in peace time

Publications Monthly review (published in letterpress, braille and on cassette)

Activities Training centre; holiday home; convalescent home; welfare visitors; grants and allowances; housing provision

CIRCLE OF GUIDE DOG OWNERS

183 Rugby Road
Milverton
Leamington Spa
Warwickshire CV32 6DR
Telephone: 0926 22718

GUIDE DOGS FOR THE BLIND ASSOCIATION

Alexandra House
113 Uxbridge Road
London W5 5TQ
Telephone: 01-567 7001

BLINDNESS

Sports, hobbies, social

BRaille CHESS ASSOCIATION

128 Walm Lane
London NW2 4RT

Telephone: 01-452 8336

BRaille CORRESPONDENCE CLUB

51 Brynifor Estate
Mountain Ash
Mid Glamorgan

Telephone: 0443 472939

BRaille CORRESPONDENCE CLUB

Mrs Linda C Watts
Specialist Officer for the Blind
Special Unit
Social Services Department
Room 53, Civic Centre
Barras Bridge
Newcastle-upon-Tyne 1

Telephone: 0632 28520 ext 513 (day)
020-74 2546 (evening)

BLINDNESS
Sports, hobbies, social

**BRITISH ASSOCIATION FOR SPORTING AND
RECREATIONAL ACTIVITIES FOR THE BLIND
(BASRAB)**

Pinebank
5 Great Close Chapel
Brampton
Northampton

Telephone: 0604 34833 (day)
0604 842155 (evening)

BRITISH WIRELESS FOR THE BLIND FUND

224 Great Portland Street
London W1N 6AA

Telephone: 01-388 1266

GUILD OF BLIND GARDENERS

c/o Royal National Institute for the Blind
224 Great Portland Street
London W1N 6AA

Telephone: 01-388 1266

BLINDNESS

Sports, hobbies, social

NATIONAL ASSOCIATION OF VISUALLY HANDICAPPED BOWLERS

215 Ambleside Avenue
Southmead
Bristol

Telephone: 0272 621223

Helps to teach blind people to play bowls on equal footing
with sighted players

PROJECTS BY THE BLIND LTD

6 Castletown Road
London W14 9HE

Telephone 01-385 4211 or 01-385 7952

Sets up social centres—contact houses—where visually handi-
capped and sighted people can join together in recreational
and educational activities

TELEPHONES FOR THE BLIND FUND

Mynthurst
Leigh
Surrey

Telephone: 0293 862546

Helps to provide and maintain telephones for needy blind
people

BLINDNESS
Sports, hobbies, social

VOLUNTARY TRANSCRIBERS GROUP

Whitchurch Lodge
Henstridge Templecombe
Somerset BA8 0PA

Telephone: 0963 02219

A group of voluntary braillists who teach braille

BLINDNESS
Tape-recording services

BRITISH TALKING BOOK SERVICE FOR THE
BLIND

Mount Pleasant Alperton
Wembley
Middlesex HA0 1RR

Telephone: 01-903 6666

Supplies recorded literature; organised by Royal National
Institute for the Blind

FREE TAPE RECORDED LIBRARY FOR THE
BLIND

26 Laggan Road
Maidenhead
Berkshire SL6 7JZ

Telephone: 0628 22471 (day)
0628 20014 (evening)

LEONARD SOUND NOTEBOOK FOR THE BLIND

Blind Mobility Research Unit
Department of Psychology
University of Nottingham
Nottingham

Telephone: 0602 56101 ext 3187

Provides pocket tape recorders on permanent loan to registered
blind people

BLINDNESS
Tape-recording services

SOUNDAROUND

6 Castletown Road
London W14 9HE

Telephone: 01-385 4212 or 01-741 3332

A national monthly newsmagazine on cassette distributed free

TALKING NEWSPAPER ASSOCIATION OF UK

City of London Polytechnic
Calcutta House
Old Castle Street
London E1 7NT

Telephone: 01-283 1030

Promotes the formation of local talking newspaper groups

TAPE PROGRAMMES FOR BLIND PEOPLE

31 Fortescue Road
Paignton
South Devon TQ3 2BZ

Telephone: 0803 522873

Provides tapes of magazines (send large stamped addressed envelope)

BLINDNESS
Tape-recording services

TAPE RECORDING SERVICE FOR THE BLIND

48 Fairfax Road
Farnborough
Hampshire GU14 8JP
Telephone: 0252 47943

BREAKTHROUGH TRUST

London Centre
Frank Barnes School
Central Street
London EC1V 8AJ

Telephone: 01-253 1876

Founded 1971 Registered charity

Aims To bring deaf and hearing people into
continuous contact with each other

General
Secretary Mr Andrew Kenyon

Branches 20

Publications Annual newsletter; booklets and information
sheets

Activities Provides encouragement and training by
planning programmes of activities for deaf
and hearing young people, thereby in-
corporating self-help and integration

DEAFNESS

General

BRITISH ASSOCIATION OF THE HARD OF HEARING

16 Park Street
Windsor
Berkshire SL4 1LU

Founded 1947 Registered charity

Aims To foster the social and cultural activities of the hard of hearing; to cooperate with HM Government, local authorities and kindred bodies at home and overseas in the preservation of hearing, the cure of deafness and the provision of services; to give encouragement in use of hearing aids and of lip-reading

Secretary C H Mardell MBE

Membership Open to people who have lost all or part of their hearing and who communicate by normal speech with a hearing aid and/or by lip-reading

Branches 220

Publications Quarterly magazine; leaflets; annual report and directory

Activities Information and welfare advisory services; regional and national social gatherings and conferences; formation of clubs; week-end educational courses; holidays at home and abroad

BRITISH DEAF ASSOCIATION

38 Victoria Place
Carlisle
Cumbria

Telephone: 0228 20188

Founded 1890 Registered charity

Aims To advance and protect the interests of the deaf; and to encourage and facilitate research

Secretary Mr Allan B Hayhurst

Membership Open to deaf people and their friends

Branches 150

Publications Bimonthly newsletter

Activities Provides youth and further education programmes, leadership courses, communication skills programmes; provides holidays and residential homes for elderly deaf people; encourages research; represents the interests of deaf people

DEAFNESS
General

JEWISH DEAF ASSOCIATION

Julius J Newman House
90-92 Cazenove Road
London N16 6AB

Telephone: 01-806 6147

Registered charity

Secretary

Mrs S Margulies

Activities

Provides an advice centre, welfare assistance, speech improvement and lip-reading classes, accommodation, and social, cultural and educational activities

LINK CENTRE FOR DEAFENED PEOPLE

c/o Princess Alice Memorial Hospital
Eastbourne
East Sussex BN21 2AX

Telephone: 0323 638230

Runs residential courses for deafened people and their families,
aimed at providing practical professional assistance and guide-
lines for the future

DEAFNESS

General

NATIONAL ASSOCIATION FOR DEAF-BLIND AND RUBELLA HANDICAPPED

164 Cromwell Lane and Henry Fry Centre
Coventry Hertford Place, Coventry

Telephone: 0203 462579 0203 29680

Founded 1956 Registered charity

Aims To give a service to all rubella handicapped
and the parents of the deaf-blind; to develop
standardised teaching methods

**General
Secretary** Mr J Pryce Owen

Membership Open to parents and professional people or
anyone interested in the deaf-blind

Branches 7

Publications Quarterly newsletter; books and information
leaflets for parents and teachers; films

Activities Advisory and information service; regular
meetings and social gatherings in most areas;
presses for increased employment and leisure
facilities; especially interested in education;
financial aid

NATIONAL DEAF-BLIND HELPERS' LEAGUE

18 Rainbow Court
Paston Ridings
Peterborough PE4 6UP
Telephone: 0733 73511

Founded 1928 Registered charity

Aims To work with all other bodies to improve the social conditions of the deaf-blind; to promote contacts between them and the ordinary public; to provide information and advice on the problems peculiar to deaf-blind people; to promote a spirit of confidence and encourage self-help, and a more rational public attitude towards them

Secretary Mrs K Perret

Membership Open to those with the double handicap of deafness and blindness

Publications Quarterly magazine in braille, Moon and type

Activities Information and advice; brings deaf-blind people together through rallies and regional group activities; provides self-contained flats, a guest house and a short-stay centre where reintegration into the community is encouraged

DEAFNESS

General

NATIONAL UNION OF THE DEAF

32 Little Ealing Lane
London W5 4EA

Telephone: 01-567 1313

Founded 1976 Registered charity

Aims	To promote the need for deaf people to stand on their own feet, to be independent and able to participate fully in all aspects of British society, eventually to relieve the strain on government resources; to help deaf people to do things for themselves both locally and nationally; to secure direct NUD representation on all bodies charged with the administration of education, employment and welfare of deaf people; to promote the need for a greater number of deaf professionals in all capacities of work, including the lives of deaf people and children
Secretary	Mr P Ladd BA
Membership	Open to all
Branches	2, and 12 local groups
Publications	Newsletter; occasional papers; annual report
Activities	General welfare and voluntary care; promoting self-help activities

ROYAL NATIONAL INSTITUTE FOR THE DEAF

105 Gower Street
London WC1E 6AH

Telephone: 01-387 8033

Founded 1911 Registered charity

Aims To cater for the welfare of all deaf people—the born deaf, the hard of hearing, the deafened, and deaf people with additional handicaps—by plugging gaps in local authority provision, educating public opinion and providing an independent source of specialist help and advice

Director Mr Roger Sydenham

Branches 6 regional associations

Publications Bimonthly magazine; quarterly technical journal produced in collaboration with British Society of Audiology; many booklets and leaflets

Activities Advisory and counselling service; homes for elderly deaf people; training centre and hostel for young deaf men and a school for maladjusted deaf children; library and information service; hearing aid advisory service; dissemination of technical information; research work; training of professionals

See also

KIDS NATIONAL CENTRE FOR CUED SPEECH
(page 112)

NATIONAL DEAF CHILDREN'S SOCIETY (page 113)

DEAFNESS
Mobility

BRITISH DEAF DRIVERS' ASSOCIATION

140 Green Lane
Leeds LS16 7JQ

Telephone: 0532 672570

DEAFNESS
Sports, hobbies, social

BRITISH DEAF CHESS ASSOCIATION

G D Campbell
Top Floor
498 Union Street
Aberdeen AB1 1TS

Telephone: 0224 44286

Organises chess by post and annual chess contests

BRITISH DEAF SPORTS COUNCIL

Administrator: Mr James F Hudson
140 Green Lane
Leeds LS16 7JQ

Telephone: 0532 672570

Promotes national and international events

ENGLISH DEAF CHESS ASSOCIATION

85 Auckland Drive
Lower Bevendean
Brighton BN2 4JG

Organises tournaments and encourages improved playing standards

See also

KIDS NATIONAL CENTRE FOR CUED SPEECH
(page 112)

MENTAL HANDICAP

General

ASSOCIATION OF PROFESSIONS FOR THE MENTALLY HANDICAPPED

126 Albert Street
London NW1 7NF

Telephone: 01-267 6111

Founded 1973 Registered charity

Aims	To promote the general welfare of mentally handicapped people and their families, by encouraging high standards of care and development of the mentally handicapped, by facilitating cooperation and the sharing of knowledge among all professionals working for or with the mentally handicapped, by offering a unified professional view on the strategies of mental handicap, and by educating the public to accept, understand and respect mentally handicapped people
Secretary	Mr John Andrews
Membership	Open to professional workers, parents, anyone interested in furthering the work of the association
Branches	22 (including 6 Scottish groups)
Publications	Newsletter; papers; conference reports
Activities	Provides a multidisciplinary forum for professionals by means of congresses, conferences and workshops; meetings at local group level also play an important part in activities

MENTAL HANDICAP

General

BRITISH ASSOCIATION FOR THE RETARDED

Pembridge Hall
17 Pembridge Square
London W2 4EP

Telephone: 01-229 8941 or 01-727 0536

Aims

To promote the interests of the mentally handicapped of all ages through increasing understanding of the personal, family, social, educational, training, vocational and medical aspects of the problem, and to unite in a sense of common purpose, parents, professional workers, politicians and all those who, in any capacity (lay or otherwise), are involved in the well-being of mentally handicapped people

Executive Secretary

Rolf Hermelin

Membership

Open to all who share a concern for the mentally retarded and are in sympathy with the association's objectives

Publications

Regular journal; periodic broadsheets

Activities

Information and advisory service available on all matters affecting the rights of the retarded; a legal service to safeguard the statutory rights of the retarded; conferences, study tours, seminars; initiates surveys; promotes public education

MENTAL HANDICAP

General

CAMPAIGN FOR THE MENTALLY HANDICAPPED

96 Portland Place
London W1

Telephone: 01-636 5020

Founded 1971

Aims	To improve provision for mentally handicapped people
Information Officer	Mr Alan Tyne
Membership	By invitation of central policy group
Branches	2
Publications	Quarterly newsletter; conference reports; policy and discussion papers
Activities	Brings together mentally handicapped people, their parents, members of the public and those responsible for planning and running services; collects information on local services; holds conferences

COMPASSION (COMMITTEE OF PARENTS
AGAINST SUBSTANDARD SUBNORMALITY
INSTITUTIONS OR NURSING)

120 Salisbury Walk
Magdala Avenue
London N19 5DY

Telephone: 01-263 1252

Founded 1972

Aims	To secure for mentally handicapped children in residential establishments the highest standards of care, comfort and medical treatment or nursing, along with a warm, home-like atmosphere; to give mutual support to parents with children in such establishments; to share information about services and developments
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Secretary- Organisers	J B Fitton and P A Fitton
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Membership	Open to parents and relatives of the mentally handicapped
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Publications	Occasional booklets
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Activities	Information and advice given and exchanged; problems investigated; meetings
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MENTAL HANDICAP

General

INSTITUTE OF MENTAL SUBNORMALITY

Wolverhampton Road
Kidderminster
Worcestershire DY10 3PP

Telephone: 0562 850251

Founded 1972 Registered charity

Aims To raise standards of treatment, care and management of the mentally handicapped both in hospital and in the community

Director Dr G B Simon

Membership Open to all

Branches 5 regional divisions

Publications Quarterly journal; quarterly information bulletin; conference papers; books and booklets

Activities Information and resource centre answers queries and exhibits materials; provides information for professional staff, education and training for parents and relatives and specialised services such as toy libraries, language unit facilities and social training in the community for long-term hospital residents; conducts research

MENTAL HANDICAP
General

**INSTITUTE FOR RESEARCH INTO MENTAL
AND MULTIPLE HANDICAP**

16 Fitzroy Square
London W1P 5HQ

Telephone: 01-387 9571

Founded 1966 Registered charity

Aims To disseminate information about all aspects of mental and multiple handicap and to encourage enquiries for such information; to encourage the furtherance and application of research into congenital or neonatal disorders, chiefly mental handicap, cerebral palsy, epilepsy and spina bifida

Executive Director and Company Secretary Mrs D E McKnight

Membership By invitation; full and affiliate membership

Publications Monthly list of books, articles and events; reading lists, discussion sheets and books

Activities Information service caters for both professionals and parents; research

MENTAL HANDICAP

General

IN TOUCH

10 Norman Road
Sale
Cheshire M33 3DF

Telephone: 061-962 4441

Founded 1968

Aims	To establish informal contact through which parents can share experiences, ideas or problems
Organiser	Ann Worthington
Membership	Open to parents of mentally handicapped children and adults
Publications	Newsletter; lists of toys, facilities, aids, equipment and organisations catering for all types of handicap in children
Activities	Establishes contact between parents; newsletter circulates members' news, queries and information and gives details of any publications, conferences relevant to mental handicap

MENTAL HANDICAP
General

MICHAELMAS TRUST

Vale Royal Abbey
Whitegate
Northwich
Cheshire CW8 2BA

Telephone: 0606 882777

Promotes special education for slow learners, aged 16 to 26

MENTAL HANDICAP
General

NATIONAL FEDERATION OF GATEWAY CLUBS
117-119 Golden Lane
London EC1

**Caters for the leisure-time needs of mentally handicapped
children and adults**

MENTAL HANDICAP General

NATIONAL SOCIETY FOR MENTALLY HANDICAPPED CHILDREN

Pembridge Hall
17 Pembridge Square
London W2 4EP

Telephone: 01-229 8941

Founded 1955 Registered charity

Aims To increase public awareness and understanding of the problems of the mentally handicapped so as to secure provision for them commensurate with their needs

Secretary-General George W Lee OBE

Membership Open to all

Branches 12 regional offices; 403 local societies

Publications *Journal of Mental Deficiency Research; Parents' Voice*, quarterly journal for parents and general readers; many specialist publications

Activities Counselling, information and advisory services; local societies provide nationwide welfare services; residential amenities; education and training courses for parents and professionals; employment training and placement; leisure services; finances research

MENTAL HANDICAP
General

**NATIONAL SOCIETY FOR PHENYLKETONURIA
AND ALLIED DISORDERS**

26 Towngate Grove
Mirfield
West Yorkshire

Telephone. 0924 492873

Founded 1973 Registered charity

Aims To promote the educational, medical and
social welfare of people with phenylketon-
uria, and to encourage research

Secretary Mr Brian Talbot

Membership Open to all

Publications Quarterly newsletter

Activities Fund raising; research; conferences; pro-
vision of holiday homes

SPECIAL FAMILIES CENTRE

Sunley House
Gunthorpe Street
London E1 6LS

Telephone: 01-247 1416

Founded 1974

Aims	To provide advice, information, support and practical help to families with a mentally handicapped member living at home
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Secretary	Rosalind Wyman
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Membership	Open to people who live near enough to be able to reach the centre
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Publications	Newsletter; handbook of local facilities
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Activities	Postal or telephone information and advisory service; parents' groups; play groups; home visits; toy library; meetings; youth club; short-stay facilities at the family flat
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MENTAL HANDICAP
Homes and holidays

**BUCKETS AND SPADES HOME FOR MENTALLY
HANDICAPPED CHILDREN**

Lancaster Road
St Leonards-on-Sea
Sussex TN38 9LX

Telephone: 0424 51215

Short-term care for children up to 16 years

CAMPBILL VILLAGE TRUST LTD

Delrow House
Aldenham
Watford
Hertfordshire WD2 8DJ

Telephone: 01-779 6006

Assists mentally handicapped adults towards independence and integration with the community, by providing home work, education and general care; pioneered village working communities

MENTAL HANDICAP
Homes and holidays

COTTAGE AND RURAL ENTERPRISES LTD
(CARE)

9a Weir Road
Kibworth
Leicester LE8 0LQ

Telephone: 053-753 3225

Working communities of able-bodied adults, providing training
in horticulture, crafts and domestic work

ELIZABETH FITZROY HOMES

The Coach House
Whitegates
Liss
Hampshire

Telephone: 073-082 3577

Homes and holidays for mentally handicapped children and
young people; one registered nursing home for multiple
handicapped

MENTAL HANDICAP
Homes and holidays

HOME FARM TRUST LTD

57 Queen Square
Bristol BS1 4LF

Telephone: 0272 292060 or 0272 294359

Homes for the adult mentally handicapped, with work and training facilities

MACINTYRE SCHOOLS LTD

Westoning Manor
Westoning
Bedfordshire

Telephone: 05257 2343 and 05257 4808

Provides care, education and vocational training for all ages

ARBOURS ASSOCIATION

55 Dartmouth Park Road
London NW5

Telephone: 01-340 7646

Founded 1970 Registered charity

Aims To provide a therapeutic living environment for those who might otherwise have to be in mental hospitals

Secretary Mr V Millett

Publications Magazine

Activities Runs three long-stay households, a short-stay crisis centre and a low-cost psychotherapy clinic; trains psychotherapists; holds seminars and discussions

MENTAL ILLNESS

General

GUIDEPOSTS TRUST LTD

74 High Street
Witney
Oxfordshire

Telephone: 0993 72885

Founded 1972 Registered charity

Aims To establish and support group homes, halfway houses and flats for those seeking rehabilitation in the community; to create caring and befriending support for such people who are living in the community again after many years in an institution

Director Mr Clifford L Upex

Activities Runs homes, each with a 'caring group'

MENTAL AFTER-CARE ASSOCIATION

110 Jermyn Street
London SW1Y 6HB

Telephone: 01-839 5953

Founded 1879 Registered charity

Aims Provision of residential accommodation, in
rehabilitation hostels and long-stay homes,
for adults recovering from mental illness

Secretary Mrs J Moore

Activities Residential care in eight long-stay homes and
five hostels; holidays; advisory service

MENTAL ILLNESS

General

MIND (NATIONAL ASSOCIATION FOR MENTAL HEALTH)

22 Harley Street
London W1N 2ED

Telephone: 01-637 0741

Founded 1946 Registered charity

Aims To campaign for the needs and rights of mentally ill and mentally handicapped people

Director Mr Tony Smythe

Membership Open to all

Branches 3 regional offices, 150 local associations

Publications Bimonthly magazine; information bulletin; bimonthly newspaper for local associations; MIND report series, MIND occasional papers series; MIND specials; leaflets

Activities Social work advisory service for patients and their families; public information service; legal and welfare rights service; courses and conferences; local associations; residential school for children with emotional problems; hostel for institutionalised adolescents; mental health drop-in advice centre (Islington); research

MENTAL ILLNESS
General

PHILADELPHIA ASSOCIATION

74a Portland Road
London W11 4LQ

Telephone: 01-834 5837 and 01-727 5049

Founded 1965 Registered charity

Aims To relieve mental illness of all descriptions,
in particular schizophrenia

Secretary Mr Michael G Thompson

Activities Provides residential accommodation and
individual psychotherapy for those not
wanting treatment by physical and chemical
methods; undertakes research into causes,
prevention and treatment; holds seminars,
conferences and summer schools; provides
financial assistance for poor patients

MENTAL ILLNESS

General

PSYCHIATRIC REHABILITATION ASSOCIATION

21a Kingsland High Street
London E8

Telephone: 01-254 9753

Founded 1959 Registered charity

Aims To stimulate the patient towards greater initiative and social awareness of his environment and society; to prepare and encourage him to return and re-adapt to his community; to improve attitudes towards the mentally ill; to promote practical measures and research for preventing and combating mental distress within the community

Secretary Mrs Gwynneth Ross

Membership Open to all

Publications Quarterly newsletter; research documents

Activities Provides aftercare facilities such as group homes, a residential centre, day centres, a lunch club, industrial education units in four London boroughs; undertakes research projects; gives training in group work methods; lectures to professional and lay audiences; holds group meetings for patients in hospitals and in the community

MENTAL ILLNESS

General

RICHMOND FELLOWSHIP LTD

8 Addison Road
London W14 8DL

Telephone: 01-603 6373

Founded 1959 Registered charity

Aims To promote better understanding of human relations, and in particular those factors which tend to foster mental health or lead to mental illness

Director Ms Elly Jansen

Publications Newsletter; conference papers; annual report

Activities Runs a therapeutic programme for those who are emotionally disturbed and need help to achieve reintegration into society; has set up 27 residential therapeutic communities; provides an information and consultative service on the establishment of residential therapeutic communities; education programme includes provision, through its own college, of courses in human relations and group dynamics for professional staff; sets up model units for the training and professional development of staff, and the conduct of research projects

MENTAL ILLNESS

General

SAMARITANS

17 Uxbridge Road
Slough
Berkshire SL1 1SN

Telephone: 017-52 2713

Founded 1953 Registered charity

Aims To befriend the suicidal and despairing

Joint General
Secretaries Miss Jean Burt and Rev David Evans

Activities One-to-one befriending by telephone, by
letter or in person. Callers may be self-
referred or be referred by doctors and
social workers

Local telephone numbers are displayed in
telephone boxes, railway and bus stations
and other public places, and are listed in
local directories

MENTAL ILLNESS
Ex-servicemen

EX-SERVICES MENTAL WELFARE SOCIETY

37 Thurloe Street
South Kensington
London SW7 2LL

Telephone: 01-584 8688

Founded 1919 Registered charity

Aims To aid and support mentally disabled ex-
service men and women

General Secretary Major J C D Howland MC

Branches 2

Activities Limited financial help to sufferers and their
families; assistance with claims and appeals
for war disability pensions; temporary and
permanent accommodation (for men only);
convalescent home; hospital visiting;
sheltered workshop

MENTAL ILLNESS

Phobias

OPEN DOOR ASSOCIATION

c/o 447 Pensby Road

Heswall

Merseyside L61 9PQ

Telephone: 051-648 2022

Founded 1965 Registered charity

Aims To alleviate symptoms and help anyone needing understanding with the difficulty of agoraphobia

Secretary Mrs Mona Woodford

Membership Open to those with agoraphobia, anxiety states, social impairments

Publications Bimonthly newsletter; information sheets

Activities Advice and information; telephone befriending service; contact lists and group meetings provide mutual support

PHOBICS SOCIETY

4 Cheltenham Road
Chorlton-cum-Hardy
Manchester M21 1QN

Telephone: 061-881 1937

Founded 1970 Registered charity

Aims To promote the relief and rehabilitation of
persons suffering from agoraphobia and
other phobic conditions

Founder
President Katharine Fisher

Membership Open to those suffering from agoraphobia or
any other phobic condition, depression or
obsessional neurosis

Branches 6 (plus numerous small self-help groups)

Publications Bimonthly progress report; papers on self-
help

Activities Advisory correspondence service; local groups
provide bases for social and therapeutic
activities; promotes research

MENTAL ILLNESS

Schizophrenia

NATIONAL SCHIZOPHRENIA FELLOWSHIP

29 Victoria Road

Surbiton

Surrey KT6 4JT

Telephone: 01-390 3651/2/3

Founded 1972 Registered charity

Aims	To act as a national organisation for all matters concerning the relief of sufferers from schizophrenia and the relief of poverty and distress among their families and dependents
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General Secretary	Mrs Peggy Pyke-Lees
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Membership	Open to all
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Branches	106 local groups
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Publications	Quarterly newsletter; educational booklets
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Activities	Advisory and information service; medico-legal advisory group; local support groups; seminars for concerned groups, such as probation officers; research projects; housing programme
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MENTAL ILLNESS
Schizophrenia

SCHIZOPHRENIA ASSOCIATION OF
GREAT BRITAIN

Tyrtwr
Llanfair Hall
Caernarvon
Gwynedd LL55 1TT

Telephone: 0248 670379

Founded 1970 Registered charity

Aims	To help patients suffering from schizophrenia, and their families; to promote research into the biochemical and nutritional factors involved in producing psychiatric symptoms in the genetically inherited disease of schizophrenia; to educate the public and enlist their sympathy and support; to help all other psychiatric patients as far as possible
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Secretary	Mrs G Hemmings
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Membership	Open to all
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Publications	Biannual newsletter
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Activities	Scientific conferences and symposia; public lectures; grant-aids research; action groups throughout the UK
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PHYSICAL DISABILITY AND HANDICAP

General

ACTION FOR THE DISABLED ASSOCIATION (ADA)

26 Barker Walk
Mount Ephraim Road
Streatham
London SW16

Telephone: 01-677 1276

Founded 1973

Aims	To achieve a closer and continuous link between all national and local bodies who play a necessary part in the lives of severely disabled people; to maintain and improve the rights and needs of severely disabled people
Secretary- Organiser	Mrs Betsy Rafferty
Membership	Open to severely disabled persons
Branches	1 (Surrey)
Publications	Manifesto leaflet
Activities	Provides support, advice and practical help to individuals with problems caused by severe disabilities; acts as a pressure group, gives broadcasts on radio, sends deputations to Parliament

PHYSICAL DISABILITY AND HANDICAP

General

ASSOCIATION OF DISABLED PROFESSIONALS

The Stables
73 Pound Road
Banstead
Surrey SM7 2HU

Telephone: 01-255 2366

Founded 1971 Registered charity

Aims To encourage disabled people to secure and make the most of employment opportunities; to improve career prospects; to educate the public on the problems, needs and capabilities of disabled people

General Secretary Mrs Peggy M Marchant

Membership Open to disabled and non-disabled professionals and students

Publications Quarterly newsletter and house bulletin; information leaflet

Activities Advice and assistance to members; pressure group activities; operates Home Opportunities for Professional Employment (see page 94); especially interested in employment and educational problems

PHYSICAL DISABILITY AND HANDICAP

General

CENTRE ON ENVIRONMENT FOR THE HANDICAPPED (CEH)

126 Albert Street
London NW1 7NF

Telephone: 01-267 6111

Founded 1969 Registered charity

Aims	To help architects and others to understand the needs of mentally handicapped, mentally ill, physically disabled and elderly people by encouraging good design in special or general environments for housing, care, therapy, education, work, recreation and travel
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Director	Jean Symons
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Secretary	Anita Sutton
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Membership	Open to all
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Publications	Information sheets, bibliographies, articles, reprints
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Activities	Information and architectural consultancy service—serves health and social services, housing and educational authorities, architectural practices and voluntary agencies; reference library; runs multidisciplinary seminars; promotes research
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PHYSICAL DISABILITY AND HANDICAP

General

COMMITTEE ON SEXUAL PROBLEMS OF THE DISABLED (SPOD)

49 Victoria Street
London SW1

Telephone: 01-222 6067

Founded 1972 by National Fund for Research into Crippling Diseases

Aims To stimulate public and professional awareness of sexual needs and difficulties among disabled people and of measures which may alleviate their problems in this respect; to provide a centre for the collection and dissemination of information in this field for disabled people themselves and for those concerned in their welfare; to provide an advisory and referral service for disabled clients, therapists, counsellors and educators; to arrange for training of workers among the disabled in the sexual aspects of disability

**Secretary/
Development
Officer** W F R Stewart

Publications Journals, articles and papers; research reports; advisory leaflets

Activities Provides factual information and advice; refers clients for personal counselling; advises on the planning of conferences, study days; provides or recommends speakers; provides training courses for counsellors; undertakes research

PHYSICAL DISABILITY AND HANDICAP

General

CROSSROADS CARE ATTENDANT SCHEME TRUST

11 Whitehall Road
Rugby
Warwickshire CV21 3AQ
Telephone: 0788 61536

Founded 1977 Registered charity

Aims To relieve stress in a family caring for physically handicapped people by the provision of paid care attendants

**Secretary-
Organiser** Mrs Pat Osborne SRN NCDN

Branches 12

Activities Local 'Crossroads' schemes are affiliated to the national council, from which they receive help and encouragement. They aim to recruit and provide care attendants, to relieve stress in the family of a disabled person, to avoid admission to hospital or residential care, and to supplement and complement, rather than replace, statutory services

PHYSICAL DISABILITY AND HANDICAP

General

DISABLED CHRISTIANS' FELLOWSHIP

Prince's Hall
53 Prince Street
Bristol BS1 4PS

Telephone: 0272 25694

Founded 1959 Registered charity

Secretary Miss Janet Wiltshire

Membership Open to any disabled person

Branches 20

Publications Monthly magazine

Activities Places great value on linking members
through correspondence, by telephone and
by exchanging cassettes; organises holidays

PHYSICAL DISABILITY AND HANDICAP

General

DISABLED LIVING FOUNDATION

346 Kensington High Street
London W14 8NS

Telephone: 01-602 2491

Founded 1970 Registered charity

Aims To study and provide information on those aspects of ordinary life which present special problems and difficulties to disabled people of all ages and all disabilities

Director Mrs B J Banham

Membership Subscription schemes to cover use of information service for statutory authorities and voluntary groups

Publications Bimonthly bulletin; information lists; many publications (list available)

Activities Information service for those with either a professional or a personal interest (purely medical matters are excluded); enquiry service is free to the general public, professional people are invited to subscribe; runs an aids centre, a standing exhibition of aids and equipment; undertakes research

PHYSICAL DISABILITY AND HANDICAP

General

DISABLEMENT INCOME GROUP and DIG CHARITABLE TRUST

Attlee House
Toynbee Hall
28 Commercial Street
London E1 6LR

Telephone: 01-247 2128 or 01-247 6877

Founded 1965 Registered charity

Aims To secure the provision for all disabled people of a national disability income and an allowance for the extra expense of disablement; to cooperate with other bodies working for the improvement of the economic and social position of disabled people and the chronic sick; to promote research into the economic and social problems of disablement

General Secretary Rosemary Till

Membership Open to all

Branches 70

Publications Bimonthly bulletin; *ABC of Services and Information for Disabled People*; leaflets and other booklets (list available)

Activities Advisory service on benefits and services; research into the economic and social problems of disability; public education programme; representation on appropriate bodies; campaigns to secure the provision of a national disability income. Both DIG organisations promote the economic and social welfare of all disabled people in the UK: DIG, the pressure group, through legislative reform, and DIG, the charitable trust, through research and education

PHYSICAL DISABILITY AND HANDICAP

General

DISABILITY ALLIANCE

5 Netherhall Gardens
London NW3 5RN

Telephone: 01-794 1536

Founded 1974 Registered charity

Aims To persuade society to pay an income as of right and on equitable principles to all disabled persons whatever their age, sex or working capacity, or the cause, type or place of disablement, in order to eliminate their poverty or financial hardship

**Secretary-
Organiser** Mrs Irene Loach

Membership Open to member-organisations working for or with disabled people

Publications *Disability Rights Handbook* annual; research series of pamphlets on disability

Activities Welfare rights information and advice to member-organisations and individuals; sponsors local rights services for the disabled; promotes research; seeks legislation reform

PHYSICAL DISABILITY AND HANDICAP

General

GREATER LONDON ASSOCIATION FOR INITIATIVES IN DISABLEMENT

Flat 3
79 Purley Downs Road
South Croydon
Surrey CR2 0RG

Telephone: 01-660 9995

Founded 1976 Registered charity

Aims	To help disabled people to help themselves; to foster self-confidence and initiative; to help disabled people to integrate with society; to educate the public by providing support for disabled people to create pilot projects which show what they can do for themselves
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Secretary	Micheline Mason
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Publications	Policy statement; annual report
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Activities	Postal and telephone advice and information service; occasional counselling classes for fit and disabled people; acts as a sales outlet for housebound craftsmen by giving handicraft parties; has a small fund for grants to help people create their own employment; organises social events
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PHYSICAL DISABILITY AND HANDICAP
General

INVALIDS-AT-HOME

23 Farm Avenue
London NW2 2BJ

Telephone: 01-452 2074

Provides financial assistance and equipment to enable invalids
to remain at home

PHYSICAL DISABILITY AND HANDICAP

General

JEWISH ASSOCIATION FOR PHYSICALLY HANDICAPPED

247 Imperial Drive
Harrow
Middlesex

Telephone: 01-455 8997

Founded 1954 Registered charity

Secretary Mr Lionel N Craig

Membership Open to Jewish physically handicapped

Activities Dispenses care and arranges holidays for members; has a holiday home (Bournemouth) and two evening clubs (London)

PHYSICAL DISABILITY AND HANDICAP
General

JOINT INVOLVEMENT MUTUAL SOCIETY (JIMS)

Beechlawn
Lathom Park
Ormskirk

Listening ear: Carol 02576 2761
1pm - 5pm weekdays

A service and correspondence answering service to listen to
and advise the handicapped or lonely

PHYSICAL DISABILITY AND HANDICAP

General

NATIONAL BUREAU FOR HANDICAPPED STUDENTS

Thomas Coram Foundation
40 Brunswick Square
London WC1N 1AZ

Telephone: 01-278 3127

Founded 1974 Registered charity

Aims To improve educational opportunities for
handicapped people in further, higher and
adult education

Secretary-
Organiser Miss Diana Barr BSc ALA

Membership Open to all

Publications Newsletter; pamphlet, *An Educational Policy
for Handicapped People*

Activities Information and advisory service; organises
conferences and seminars; initiates research
projects

PHYSICAL DISABILITY AND HANDICAP

General

NETWORK

Bedford House
35 Emerald Street
London WC1

Telephone: 01-504 3001

A free law and advisory centre for disabled people and their families. Can advise, for example, on welfare benefits, patients' rights, consumer rights, charity law, wills, trusts and settlements and educational problems

PHYSICAL DISABILITY AND HANDICAP

General

PHAB (PHYSICALLY HANDICAPPED AND ABLE BODIED)

42 Devonshire Street
London W1N 1LN

Telephone: 01-637 7475

Founded 1956	by National Association of Youth Clubs; became independent charity in 1972 Registered charity
Aims	To promote the integration of the physically handicapped into society
Director	Rosemary Thorpe-Tracey
Membership	Open to all
Branches	200 clubs
Publications	Bimonthly bulletin; information/publicity; training booklets
Activities	Clubs for all ages, residential courses and holidays; support and advisory groups

PHYSICAL DISABILITY AND HANDICAP

General

POSSUM USERS' ASSOCIATION

Copper Beech
Parry's Close
Stoke Bishop
Bristol BS9 1AW

Telephone: 0272 683596

Founded 1968	Registered charity
Aims	To assist severely physically disabled people with the supply of essential equipment
Secretary	Mr Robert A Bowell
Membership	Open to disabled people or supporters
Branches	2
Publications	Quarterly magazine; publicity leaflets
Activities	Advice and information; visiting severely disabled people to advise on aids and equipment; lectures to interested groups; raising funds and organising events; lists of members willing to make contact with other members are circulated so that contact groups can be formed if members wish

PHYSICAL DISABILITY AND HANDICAP

General

ROYAL ASSOCIATION FOR DISABILITY AND REHABILITATION (RADAR)

25 Mortimer Street
London W1

Telephone: 01-637 5400

- | | |
|--------------|--|
| Founded 1977 | formed by amalgamation of Central Council for the Disabled and British Council for Rehabilitation of the Disabled
Registered charity |
| Aims | Campaigns for the recognition of the rights, problems and needs of disabled people; pressure group to get government and other statutory bodies to alter policies where necessary |
| Director | Mr George Wilson |
| Membership | Organisations, hospitals, local authorities, individuals |
| Publications | Monthly bulletin; bimonthly magazine; various access guides; holiday guide |
| Activities | Advisory and information service, particularly on access, education, holidays, housing and mobility; travelling aids exhibition; learning disability centre for adults with specific language disabilities; coordinates work of other bodies |
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PHYSICAL DISABILITY AND HANDICAP

General

UNION OF PHYSICALLY IMPAIRED AGAINST SEGREGATION

Flat 2
St Giles Court
Dane Road
Ealing
London W13

Aims	To have all segregated facilities for physically impaired people replaced by arrangements for them to participate fully in society. These arrangements must include the necessary financial, medical, technical, educational and other help required from the state to enable them to gain the maximum possible independence in daily living activities, to achieve mobility, to undertake productive work and to live where and how they choose with full control over their lives
Membership	Open to those who are in agreement with aims of the Union
Publications	Policy statement and constitution; discussion and commentaries on fundamental principles of disability

PHYSICAL DISABILITY AND HANDICAP

General

WHEELCHAIR ACTION

2 Merthyr Terrace
Barnes
London SW13

Telephone: 01-748 5574

Founded 1974

General
Secretary

Thomas J Cleveland PhD

Membership

Open to disabled people from 16 to 60
years

Activities

Deals with many problems, for example
concerning mobility, welfare benefits, im-
plementation of the 1970 Chronically Sick
and Disabled Persons Act; currently interested
in the treatment of the severely disabled in
NHS hospitals

PHYSICAL DISABILITY AND HANDICAP
Ex-servicemen

**BRITISH LIMBLESS EX-SERVICEMEN'S
ASSOCIATION (BLESMA)**

Frankland Moore House
185-187 High Road
Chadwell Heath
Essex RM6 6NA

Telephone: 01-590 1124

Founded 1931 Registered charity

Aims To promote the welfare of men and women
who have lost a limb or limbs, as a result of
service in HM Forces

General
Secretary C W Dunham MBE

Branches 111

Publications Quarterly journal

Activities Maintains an advisory and casework service
dealing with pensions and allowances,
welfare and employment; establishes training
and employment schemes; runs residential
homes; provides grants for the relief of
hardship

PHYSICAL DISABILITY AND HANDICAP

Mobility and equipment

BIOLOGICAL ENGINEERING SOCIETY

c/o Biophysics Department
Faculty of Medical Sciences
University College
Gower Street
London WC1

Advises on technical aspects of rehabilitation engineering

DISABLED DRIVERS' ASSOCIATION

Ashwellthorpe
Norwich NR16 1EX

Telephone: 0508-41 449

Local branches throughout UK; holiday hotel in Norfolk;
quarterly magazine, *The Magic Carpet*

DISABLED DRIVERS' MOTOR CLUB LTD

39 Templewood
Ealing
London W13 8DU

Telephone: 01-998 1226

Advice on conversions, insurance; reduced RAC subscriptions
and ferry concessions; bimonthly journal

PHYSICAL DISABILITY AND HANDICAP

Mobility and equipment

DISABLED MOTORISTS' FEDERATION

15 Rookery Road
Tilston Malpas
Cheshire SY14 7HE

Telephone: 082-98 373

Quarterly magazine; federation of groups of disabled drivers

INVALID TRICYCLE ACTION GROUP

2 John Snow Place
Headington
Oxford

Telephone: 0865 64200

JOINT COMMITTEE ON MOBILITY FOR THE DISABLED

Wanborough Manor
near Guildford
Surrey

Telephone: 0483 810484

Helps organisations interested in improving mobility to meet,
exchange information and develop a joint policy

PHYSICAL DISABILITY AND HANDICAP

Mobility and equipment

MOBILITY INTERNATIONAL

Central Bureau for Educational Visits and Exchanges
43 Dorset Square
London W1H 3FN

Telephone: 01-486 5101

Information and contacts for international travel and exchange
in 40 countries

MOTABILITY

State House
High Holborn
London WC1R 4SX

Telephone: 01-242 9020

Aims to assist people rendered immobile by helping them to
obtain and run suitable cars

PHYSICAL DISABILITY AND HANDICAP
Mobility and equipment

**REMAP (REHABILITATION ENGINEERING
MOVEMENT ADVISORY PANELS)**

Thames House North
Millbank
London SW1P 4QG

Telephone: 01-834 4444 ext 4112

A nationwide network of panels which can be called on to design and make special items of equipment for handicapped people, not commercially available

**SOCIETY FOR TRANSPORTATION AND AID OF
RESPONAUTS (STAR)**

22 Anglesey Court Road
Carshalton
Surrey SM5 3HZ

Telephone: 01-647 9533

Provides specialised transport for respiratory or other severely physically disabled patients; UK and foreign holidays and other journeys. (Mainly for south-east England, but others helped by arrangement)

PHYSICAL DISABILITY AND HANDICAP

Mobility and equipment

SOLE MATES CLUB

29 Hillcrest Road
Walthamstow
London E17 4AP

Telephone: 01-531 3007 or 01-524 2423

Helps people with odd shoe sizes to exchange shoes

STOCKPORT ODD FEET ASSOCIATION (SOFA)

3 Chiltern Drive
Woodsmoor
Stockport
Cheshire SK2 7BE

Telephone: 061-483 7124

A liaison body between manufacturers, retailers and welfare organisations

PHYSICAL DISABILITY AND HANDICAP
Mobility and equipment

TRANS-CARE INTERNATIONAL

Group House
Woodlands Avenue
Acton
London W3

Telephone: 01-992 5077

A commercial travel service for the severely disabled

PHYSICAL DISABILITY AND HANDICAP

Sports, hobbies, social

ADVISORY PANEL ON WATERSPORTS FOR THE DISABLED

c/o The Sports Council
70 Brompton Road
London SW3 1EX

Telephone: 01-589 3411

Promotes water sports by providing courses for instructors and for disabled people; clearing-house for information, advice and experiments in equipment

ASSOCIATION OF SWIMMING THERAPY

10 West Way
Wheelock
Sandbach
Cheshire

Telephone: 093-67 2724

Promotes recreational and competitive swimming for the disabled; has ten regional contact representatives

BRITISH SKI CLUB FOR THE DISABLED

Studdridge Farm
Stokenchurch
Buckinghamshire

Telephone: 0240-26 2303

PHYSICAL DISABILITY AND HANDICAP
Sports, hobbies, social

**BRITISH SPORTS ASSOCIATION FOR THE
DISABLED**

Stoke Mandeville Stadium
Harvey Road
Aylesbury
Buckinghamshire
Telephone: 0296 84848

COMPANIONSHIP CHARITABLE TRUST

58 Broadwalk
South Woodford
London E18
Telephone: 01-989 4130

Gives a budgerigar to any person who is lonely or housebound

CULTURAL SOCIETY OF THE DISABLED

10 Warwick Row
Victoria
London SW1

Provides an opportunity for disabled people to be involved in
cultural activities

PHYSICAL DISABILITY AND HANDICAP

Sports, hobbies, social

DISABLED CAMPERS' CLUB

28 Coote Road
Bexley Heath
Kent DA7 4PR

Telephone: 01-303 0753

GARDEN CLUB

Goddards Green Farm
Benenden
Cranbrook
Kent

Telephone: 058-082 521

For disabled gardeners to meet

GARDENS FOR THE DISABLED TRUST

Moon Green
Wittersham
Tenterden
Kent TN30 7PS

Telephone: 079-77 205

Provides practical help, especially to hospitals, schools and centres, and makes grants for adapting equipment, raising heights of flowerbeds for example, to make access easier

PHYSICAL DISABILITY AND HANDICAP

Sports, hobbies, social

MOUTH AND FOOT PAINTING ARTISTS

9 Inverness Place
London W2 3JF

NATIONAL CO-ORDINATING COMMITTEE ON SWIMMING FOR THE DISABLED

c/o The Sports Council
70 Brompton Road
London SW3 1EX

Telephone: 01-589 3411

Representatives of organisations promoting swimming for
people with physical or mental disability

NATIONAL CRIPPLES JOURNAL ORGANISATION

Lea Cottage
Withybrook Road
Street Ashton
Rugby CV23 0PJ

Telephone: 0788 832134

Quarterly journal, *The Voice of the Disabled*, and offers
self-catering holidays near Skegness

PHYSICAL DISABILITY AND HANDICAP

Sports, hobbies, social

NATIONAL FEDERATION OF ST RAPHAEL CLUBS

11 Thurlin Road
King's Lynn
Norfolk PE30 4QQ

Telephone: 0553 4584

Clubs and holidays for the disabled

PHOTOGRAPHY FOR THE DISABLED

190 Secrett House
Ham Close
Ham
Richmond
Surrey

Telephone: 01-948 2342

POSTLINK

328 High Street
Cottenham
Cambridgeshire

Telephone: 0954 50106

Helps handicapped people with similar interests to contact each other

PHYSICAL DISABILITY AND HANDICAP
Sports, hobbies, social

RADIO AMATEUR INVALID AND BEDFAST CLUB

14 Queen's Drive
Bedford MK41 9BQ
Telephone: 0234 68152

RESPONAUT

Pen-Glyn
Beedon Hill
Beedon
near Newbury
Berkshire
Telephone: 063521 486

Publication by, for and about gadget-aided people

RIDING FOR THE DISABLED ASSOCIATION

Avenue R
National Agricultural Centre
Kenilworth
Warwickshire CV8 2LY
Telephone: 0203 56107

Association of 400 member groups throughout the UK

PHYSICAL DISABILITY AND HANDICAP

Sports, hobbies, social

SOCIETY OF ONE-ARMED GOLFERS

48 Fairby Road
Lee Green
London SW12 8JR
Telephone: 01-852 5957

WHEELCHAIR DANCE ASSOCIATION

c/o Spastics Society
8 Starvecrow Close
Shipbourne Road
Tonbridge
Kent TN11 9NW
Telephone: 0732 352877

WIDER HORIZONS

69 Downs Park East
Bristol BS6 7QG

Promotes interests and new friendships among handicapped people by publishing a magazine, running a correspondence scheme and exchanging information between members

PHYSICAL DISABILITY AND HANDICAP
Sports, hobbies, social

WIRELESS FOR THE BEDRIDDEN SOCIETY

20 Wimpole Street
London W1M 8BQ

Telephone: 01-935 0949

Provides free radio and television for housebound invalids and aged poor

PHYSICAL DISABILITY AND HANDICAP

Homes, holidays, work

ACROSS TRUST

c/o Trade and Technical Press Ltd
Crown House
Morden
Surrey

Telephone: 01-540 3897

Arranges pilgrimages to Lourdes and European tours for sick and handicapped people by means of specially designed and equipped coaches known as 'jumbulances'

HANDIHOLS

12 Ormonde Avenue
Rochford
Essex SS4 3JE

Telephone: 0702 548257

House exchange scheme for holidays

HOLIDAYS FOR THE DISABLED

Ridgehanger Rake
Liss
Hampshire

Telephone: 073-082 8177

PHYSICAL DISABILITY AND HANDICAP
Homes, holidays, work

**HOME OPPORTUNITIES FOR PROFESSIONAL
EMPLOYMENT**

43 Eton Court
Eton Avenue
London NW3

Telephone: 01-586 4653

Information on home work for professional people

HOSANNA HOUSE TRUST

96 Carshalton Road
Sutton
Surrey

Telephone: 01-643 4431

Maintains a retreat centre near Lourdes for handicapped adults

**JOHN GROOMS ASSOCIATION FOR THE
DISABLED**

10 Gloucester Drive
Finsbury Park
London N4 2LP

Telephone: 01-802 7272

Provides homes and workshops; holiday hotel in Minehead for
wheelchair guests; home in Thorpe Bay for deprived children

PHYSICAL DISABILITY AND HANDICAP

Homes, holidays, work

LEONARD CHESHIRE FOUNDATION

7 Market Mews
London W1Y 8HP

Telephone: 01-499 2665 or 01-492 0162

Cheshire Homes provide permanent care for disabled people in over 70 homes in the UK

OPPORTUNITY HOLIDAY TRUST

Opportunity House
Lamington
By Biggar
Lanarkshire

Telephone: 089-95 636 or 089-95 667

Mainly for spastics; house also let to groups of handicapped people with their own staff

QUEEN ELIZABETH'S FOUNDATION FOR THE DISABLED

Leatherhead
Surrey KT22 0BN

Telephone: 01-970 2204

Provides residence for disabled aged 16 and over; training college; sheltered employment; assessment and education for handicapped school-leavers; holidays for paralysed people

PHYSICAL DISABILITY AND HANDICAP

Homes, holidays, work

SHAFTESBURY SOCIETY

112 Regency Street
London SW1P 4AY

Telephone: 01-834 2656

SUE RYDER FOUNDATION

Cavendish
Suffolk CO10 8AY

Telephone: 0787 280252

International foundation with homes for physically handicapped, elderly and cancer sufferers; 12 homes in the UK

THISTLE FOUNDATION

27a Walker Street
Edinburgh EH3 7HX

Telephone: 031-225 7282

Provision of sheltered housing for severely physically disabled people and their families in small estate at Craigmillar

PHYSICAL DISABILITY AND HANDICAP

Homes, holidays, work

WINGED FELLOWSHIP TRUST

2nd Floor
64-66 Oxford Street
London W1N 9FF

Telephone: 01-636 5575 or 01-636 5886

Provides specially designed holiday centres for the severely handicapped

WOODLARKS CAMPSITE TRUST

Tilford Road
Farnham
Surrey GU10 3RN

Telephone: 02513 4038 (day)
02513 6279 (evening and weekend)

A permanent campsite for disabled children and adults

PHYSICAL DISABILITY AND HANDICAP

Tape-recording services

BIRMINGHAM TAPES FOR THE HANDICAPPED ASSOCIATION

20 Middleton Hall Road
King's Norton
Birmingham B30 1BY

Telephone: 021-459 4874

CALIBRE (CASSETTE LIBRARY OF RECORDED BOOKS)

Wendover
Aylesbury
Buckinghamshire

Telephone: 0296 623119

LINK-UP

31 High Street
Lower Easton
Bristol BS5 6DW

Telephone: 0272 550562

Tape-recorded magazine for the disabled and lonely

PHYSICAL DISABILITY AND HANDICAP
Tape-recording services

MURIEL BRADDICK FOUNDATION

c/o 11 Parson Street
Teignmouth
Devon

Telephone: 062-67 6375

Cassette recordings

NATIONAL LISTENING LIBRARY

49 Great Cumberland Place
London W1H 7LH

Telephone: 01-723 5008

Talking books, including textbooks for O and A levels and
Open University courses, for people who are handicapped
other than by blindness

CHILDREN
General

**CATHOLIC HANDICAPPED CHILDREN'S
FELLOWSHIP**

2 The Villas
Hare Law
Stanley
County Durham DN9 8DQ
Telephone: 0207 34379

Founded 1956 Registered charity

Aims Spiritual and material care of physically
and mentally handicapped young people

Secretary Miss M Donnelly

Membership Open to all

Branches 14 diocesan fellowships

Activities Each diocesan fellowship arranges meetings
and activities for parents and handicapped,
including holidays, clubs, outings, parties,
pilgrimages and religious instruction, and
short-stay care

INVALID CHILDREN'S AID ASSOCIATION

126 Buckingham Palace Road
London SW1W 9SB

Telephone: 01-730 9891

Founded 1888 Registered charity

Aims That the handicapped child, seen in the context of the family, should have the best possible chance in life

Director Miss Mary Coubrough

Publications Quarterly bulletin; books on asthma, dyslexia and developmental aphasia; publicity material; films

Activities Information service; a social work service in some London boroughs and parts of Surrey gives intensive casework help to families; local parents' groups offer mutual support; runs five residential special schools—two for boys with severe asthma and three for children with communication disorders; conferences

CHILDREN
General

**LADY HOARE TRUST FOR PHYSICALLY
DISABLED CHILDREN**

7 North Street
Midhurst
West Sussex GU29 9DJ
Telephone: 073-081 3696

Founded 1961 Registered charity

Aims To fill the gap between the welfare state and the physically disabled; to enable a physically disabled child to live as normal a life as possible

**Secretary-
Organiser** Mrs Bill

Activities A team of professional medical social workers visits families with physically disabled children, giving help and advice and, where necessary, financial aid

MAKE CHILDREN HAPPY

16-20 Strutton Ground
London SW1

Telephone: 01-222 0261

'Contact a family' project to set up neighbourhood self-help groups for families with mentally or physically handicapped children living at home

CHILDREN
General

**NATIONAL ASSOCIATION FOR THE WELFARE
OF CHILDREN IN HOSPITAL**

7 Exton Street
London SE1

Telephone: 01-261 1738

Founded 1961	Registered charity
Aims	To promote the welfare of sick children
General Administrator	Miss Madeline Watson
Membership	Open to all
Branches	60
Publications	Newsletter; comments on government reports; hospital admissions leaflet; foreign language leaflets; posters
Activities	Advisory and counselling service for parents of hospitalised children; national conferences; local groups organise play schemes, transport, baby-sitting; special interest in the design of children's wards; research includes surveys of hospital facilities for children and assessment of educational materials for children; parents and professionals work together to improve conditions for children in hospital

**VOLUNTARY COUNCIL FOR HANDICAPPED
CHILDREN**

National Children's Bureau
8 Wakley Street
London EC1V 7QE

Telephone: 01-278 9441

Founded 1975

Aims To serve as a forum and information service for professional and voluntary organisations and individuals interested in all aspects of childhood disability

Senior Officer Mrs Philippa Russell

Publications Newsletter; fact sheets on various aspects of handicap; booklet for parents; report of a study of eight schemes for handicapped children

Activities Acts as a clearing-house for advisory and information service; regular seminars and workshops; encourages parents and professionals to work together

CHILDREN
Battered children

**NATIONAL ADVISORY CENTRE ON THE
BATTERED CHILD**

Denver House
The Drive
Bounds Green Road
London N11
Telephone: 01-361 1181

Founded 1974

- | | |
|----------------|--|
| Aims | To provide a treatment service to families in which non-accidental injury has occurred or is considered to be at risk of occurring; to provide consultation, education and training to professionals |
| Executive Head | R L Castle |
| Publications | Books; reports; articles; films |
| Activities | <p>Education service includes advice to professionals concerning treatment and planning for individual cases; general advice to child welfare professionals; lectures, talks and seminars at universities, social service departments and hospitals; library service</p> <p>Treatment service, available in London only, includes casework, psychological and psychiatric assessments, play therapy, a drop-in foster mother and mothering aid</p> |
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CHILDREN
Battered children

PARENTS ANONYMOUS

PO Box 126

Sutton

Surrey SM1 2ER

Telephone: 01-643 8878 (6pm - 6am)

Founded 1978

Aims

To offer friendship and help to those parents who are tempted to abuse their child and to those who have done so; to attempt to improve the understanding of the general public, mass media and official services about the needs of families who abuse their children

**Secretary-
Organiser**

Pat Stephens

Branches

5

Activities

Information service and meetings; telephone counselling service for parents or professional workers manned by trained volunteer parents; visits to parents arranged if necessary; nationwide network of groups enables regular contact and friendship between parents

CHILDREN

Specific disorders and problems

Autism

NATIONAL SOCIETY FOR AUTISTIC CHILDREN

1a Golders Green Road
London NW11 8EA

Telephone: 01-458 4375

Founded 1962 Registered charity

Aims	To provide and promote day and residential centres for the care and education of autistic children; to help parents, particularly by arranging meetings where they can exchange information; to encourage research; to stimulate more understanding among doctors, teachers and the general public of these children's difficulties
Secretary	Mrs M White
Membership	Open to parents of children diagnosed as autistic, aphasic or non-communicating, and to doctors, teachers, social workers and others interested in this problem
Branches	26 affiliated local societies
Publications	Quarterly journal and newsletter; general literature
Activities	Advisory service for parents, specifically to help with educational or hospital placement; information service for professionally interested people on the nature of childhood autism, the type of service needed and teaching methods

CHILDREN
Specific disorders and problems

Brain damage

**BRITISH INSTITUTE FOR THE ACHIEVEMENT
OF HUMAN POTENTIAL**

Knowle Hall
Knowle
Bridgwater
Somerset

Telephone: 0278 684060

Provides programmes of stimulation for brain-injured children,
based on the work of the Philadelphia Institute, USA

**NATIONAL SOCIETY FOR BRAIN-DAMAGED
CHILDREN**

35 Larchmere Drive
Hall Green
Birmingham 28

Telephone: 021-777 4284

A centre providing assessment and programming for home
therapy

CHILDREN

Specific disorders and problems

Cerebral palsy

WESTERN CEREBRAL PALSY CENTRE

Bobath Centre
5 Netherhall Gardens
London NW3 5RN

Telephone: 01-794 6084

Treatment centre for children suffering from cerebral palsy based on the Bobath approach--neurodevelopmental; training centre for therapists

See also

OPPORTUNITY HOLIDAY TRUST (page 95)

SCOTTISH COUNCIL FOR SPASTICS (page 229)

SPASTICS SOCIETY (page 171)

CHILDREN
Specific disorders and problems

Cystic fibrosis

CYSTIC FIBROSIS RESEARCH TRUST

5 Blyth Road
Bromley
Kent BR1 3RS

Telephone: 01-464 7211

Founded 1964 Registered charity

Aims	To finance research to find a complete cure; to improve current methods of treatment; to establish branches and groups throughout the UK to help and advise parents with the everyday problems of caring for their children; to educate the public about the disease and, through increased knowledge, help to promote earlier diagnosis in young children
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Executive Director	Mr Ron Tucker
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Membership	Open to all
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Branches	82 branches (211 groups)
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Publications	Newsletter; leaflets and pamphlets
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Activities	Raises funds for research; offers help and advice to parents, and to adult sufferers, through regions, branches and groups--especially about schooling, employment, housing and benefits; organises holidays
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CHILDREN

Specific disorders and problems

Deafness

KIDS NATIONAL CENTRE FOR CUED SPEECH

17 Sedlescombe Road
London SW6 1RE

Telephone: 01-381 0335

To help children with a hearing impairment by the support of the cued speech method and to train and advise parents, teachers, schools and centres

CHILDREN
Specific disorders and problems

Deafness

NATIONAL DEAF CHILDREN'S SOCIETY

31 Gloucester Place
London W1H 4EA

Telephone: 01-486 3251/2

Founded 1944 Registered charity

Aims	To stress the need for early diagnosis; to press for the provision of adequate education for all deaf children; to train teachers and other staff to care for deaf children both in and out of school; to press for separate education for the partially deaf and severely deaf; to explore possibilities of suitable employment for deaf school leavers
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Information Officer	Miss D G Pearson
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Membership	Open to all
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Branches	65 regions; 47 branches
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Publications	Quarterly newsletter; educational booklets, yearbook
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Activities	Welfare counselling and advice to parents, particularly about early training, education and employment; promotes research projects; publicises the needs of deaf children
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CHILDREN

Specific disorders and problems

Down's syndrome

DOWN'S CHILDREN'S ASSOCIATION

Quinborne Community Centre
Ridgacre Road
Quinton
Birmingham B32 2TW

Telephone: 021-427 1374

Founded 1970 Registered charity

Aims To further research work on Down's syndrome and in particular on practical methods of early training and education; to provide a forum for parents and to offer detailed and effective advice to new parents

Chairman Mr L Cordukes

Membership Open to all

Publications Quarterly newsletter; books and pamphlets

Activities Offers information and advice for parents and contact with other families through a network of local branches; qualified staff provide developmental assessments and training schedules (with the consent of the child's doctor); future plans include a toy library, a training nursery where demonstrations of methods can be given, and some holiday facilities

CHILDREN
Specific disorders and problems

Friedreich's ataxia

FRIEDREICH'S ATAXIA GROUP

Bolsover House
5-6 Clipstone Street
London W1

Telephone: 01-636 2042

Founded 1964 Registered charity

Aims To support research into the cause of
Friedreich's ataxia; to provide advice and
assistance to sufferers in their education
and work and to their families

**Secretary-
Organiser** Mrs L Nash

Membership Open to sufferers, their families and other
interested parties

Branches 7 local groups

Publications Newsletter; patients' and family handbook;
film; leaflets

CHILDREN

Specific disorders and problems

Muscular dystrophy

MUSCULAR DYSTROPHY GROUP OF GREAT BRITAIN

35 Macaulay Road
London SW4 0QP

Telephone: 01-720 8055

Founded 1954 Registered charity

Aims	To finance research into the cause of and cure for muscular dystrophy and allied neuromuscular diseases and to assist sufferers
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Executive Director	Mr P F Walker
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Branches	300
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Publications	Monthly newsletter; quarterly journal; handbooks; research and medical literature
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Activities	Advisory and information service; branches offer friendly links; supports research—has own research laboratory in Newcastle-upon-Tyne
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CHILDREN
Specific disorders and problems

Speech impairment

ASSOCIATION FOR ALL SPEECH IMPAIRED
CHILDREN (AFASIC)

Room 14
Toynbee Hall
28 Commercial Street
London E1 6LS

Telephone: 01-247 1497

Founded 1968 Registered charity

Aims	To promote early and correct assessment of speech and language disorders in children; to encourage research into these disorders and their effective treatment; to improve and coordinate the relevant health, social and educational services
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Chairman	Elizabeth Browning
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Membership	Open to all
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Branches	10 regional groups, 6 area correspondents
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Publications	Quarterly newsletter; reading lists; advisory leaflets
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Activities	Information service for parents; links with organisations with similar objectives; acts as a pressure group; organises holidays; undertakes research
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CHILDREN

Specific disorders and problems

Spina bifida

ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS (ASBAH)

Tavistock House North
Tavistock Square
London WC1H 9HJ

Telephone: 01-388 1382

Founded 1967 Registered charity

Aims	To meet any need which may face a handicapped person, or a family with a handicapped member; to provide specialist help complementary to that supplied by statutory authorities, including social work, home adaptations, aids and appliances, grants; to promote and fund research into the causes and treatment of spina bifida and hydrocephalus
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Chief Executive Officer	Miss P M Gilbertson MCSP
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Membership	Open to all
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Branches	84
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Publications	Bimonthly journal; educational booklets
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Activities	Information and advice service; local associations provide support throughout the UK; social workers provide a welfare service; supports research
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CHILDREN
Specific disorders and problems

Tay-Sachs disease

BRITISH TAY-SACHS FOUNDATION

The Hospital for Sick Children
Great Ormond Street
London WC1N 3JH

Telephone: 01-405 9200 ext 313

Registered charity

Activities

Advice mainly on medical aspects; screening offered to couples at risk of being carriers; patients may be self-referred or referred by their doctors

CHILDREN

Specific disorders and problems

Thalidomide

THALIDOMIDE CHILDREN'S TRUST

The Shrubbery
Church Street
St Neots
Huntingdon
Cambridgeshire PE19 2BU
Telephone: 0480 74074

Financial aid

CHILDREN

Specific disorders and problems

Thalidomide

THALIDOMIDE SOCIETY

19 Upper Hall Park
Berkhamstead
Hertfordshire HP4 2NP

Telephone: 04427 4717

Founded 1962 Registered charity

Aims	To obtain medical, educational and other aid and advice to enable thalidomide and similarly handicapped children to overcome their special difficulties and to live as normal a life as possible
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Secretary	Mrs M Rickard
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Membership	Open to parents of thalidomide and similarly handicapped children
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Publications	Newsletter
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Activities	Information and counselling service; encourages mutual self-help; works for improvement of facilities and treatment
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CHILDREN

Specific disorders and problems

Tuberous sclerosis

TUBEROUS SCLEROSIS ASSOCIATION OF GREAT BRITAIN

c/o Church Farm House
Church Road
North Leigh
Oxfordshire OX8 6TX

Telephone: 0993-88 1238

Founded 1977

Aims	To contact and support families; to inform health professionals, families and the general public about the disease
Secretary	Mrs Ann Hunt
Membership	Open to all
Activities	Advice and information; establishing mutual-help groups; fund raising; supports research; compiling a central register of information on tuberous sclerosis

CHILDREN
Games, hobbies, social

ACTIVE

c/o Honorary Secretary
365 Burnt Oak Lane
Sidcup
Kent

Brings together people who live and work with handicapped children (parents, teachers, therapists and medical staff) and those who produce for them (designers, engineers, crafts persons and manufacturers), to influence the design and development of appropriate play materials and communication aids

**HANDICAPPED ADVENTURE PLAYGROUND
ASSOCIATION**

Fulham Palace
Bishop's Avenue
London SW6 6EA

Telephone: 01-736 4443

Provides equipment and advice to groups setting up playgrounds

CHILDREN

Games, hobbies, social

HOME LIBRARY

23 Lanning Street
Brighton BN2 2EF

Simple-language versions of children's books, suitable for slow learners, partially sighted, mentally handicapped and children learning English

PRE-SCHOOL PLAYGROUPS ASSOCIATION (PPA)

Alford House
Aveline Street
London SE11 5DH

Telephone: 01-582 8871 or 01-582 8920

Over 100 opportunity groups where handicapped children are specially provided for, and where their mothers help and support each other; wide range of leaflets and slides available

TOY LIBRARIES ASSOCIATION

Seabrook House
Wyllyotts Manor
Darkes Lane
Potters Bar
Hertfordshire EN6 2HL

Telephone: 0707 44571

CHILDREN
Games, hobbies, social

**TRUST FUND FOR TRAINING OF HANDI-
CAPPED CHILDREN IN ARTS AND CRAFTS**

94 Claremount Road
Wallasey
Merseyside L45 6UE

Telephone: 051-638 1422

CHILDREN

Homes, holidays, schools

BREAK

20 Hooks Hill Road
Sheringham
Norfolk NR26 8NL

Telephone: 0263 823170 or 0263 832025

Provides holidays and emergency residential care for handicapped and other children

DR BARNADO'S

Tanners Lane
Barkingside
Ilford
Essex IG6 1JX

Telephone: 01-550 8822

Includes providing residence and schools for disabled children

HANDICAPPED CHILDREN'S PILGRIMAGE TRUST

95 Carshalton Road
Sutton
Surrey

Telephone: 01-643 4431

Organises an annual pilgrimage to Lourdes for handicapped children of all religious denominations

CHILDREN
Homes, holidays, schools

KIDS CENTRE

Easton Maudit
Northamptonshire NN9 7NR

Telephone: 0933 663474

A purpose-built holiday centre for physically, mentally or socially handicapped children

NATIONAL CHILDREN'S HOME

85 Highbury Park
London N5 1UD

Telephone: 01-226 2033

TRELOAR TRUST

Lord Mayor Treloar College
Froyle House
Froyle
near Alton
Hampshire GU34 4JX

Telephone: 04204 2199 and 04204 2442

Educates and trains physically handicapped children between 9 and 19 years

CHILDREN
Financial aid

FAMILY FUND

PO Box 50
York YO3 6RB

Telephone: 0904 29241

Helps families with severely handicapped children to meet essential needs not covered by other services; Fund is administered by Joseph Rowntree Memorial Trust

**MALCOLM SARGENT CANCER FUND FOR
CHILDREN**

6 Sydney Street
London SW3

Telephone: 01-352 6884

WOMEN Maternity

ASSOCIATION FOR IMPROVEMENTS IN THE MATERNITY SERVICES (AIMS)

19 Broomfield Crescent
Leeds 6

Telephone: 0532 751911

Founded 1960

Aims	To bring about improvements in maternity care; to ensure a wide variety of choice for mothers; to inform mothers of what is involved in maternity care
Secretary	Christine Beels
Membership	Open to any interested person
Branches	8 groups
Publications	Quarterly newsletter; information leaflets
Activities	Acts mainly as pressure group; local groups organise own activities, for example, the Buckinghamshire group is starting an emergency breast milk supply service for premature babies in the local hospital

WOMEN
Maternity

BIRTH CENTRE

188 Old Street
London EC1

Telephone: 01-251 0768

A meeting place for people seeking an alternative to the ever-increasing mechanisation of birth; supports and encourages parents by providing information, films, lectures, discussion groups and preparation classes

LA LECHE LEAGUE

Box BM 3424
London WC1 6XX

Founded 1956

Aims	To help mothers overcome difficulties in breastfeeding; to share information about childbirth and child care; to encourage growth in self-confidence
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Chapter President	Nancy Turnbull
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District Adviser	Sarah McBride
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Membership	Open to all
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Branches	25 in the UK (3700 in 43 countries)
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Publications	Newsletter; handbook and leaflets on breastfeeding
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Activities	Local groups offer advice and mutual support; meetings; telephone and correspondence advice
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WOMEN
Maternity

NATIONAL CHILDBIRTH TRUST

9 Queensborough Terrace
London W2 3TB

Telephone: 01-229 9319

Founded 1956 Registered charity

Aims To widen public understanding of childbirth as a normal physiological event which need not be feared; to give practical help on these lines to expectant mothers and fathers through antenatal classes; to encourage training for antenatal teachers and counsellors; to provide information

Secretary Margaret Duncan Shearer

Membership Open to all over age 16

Branches 125

Publications Quarterly bulletin; informative literature on education and preparation for childbirth and parenthood and on the services of the Trust; specialist literature

Activities Antenatal classes, postnatal support and breastfeeding counselling; training courses for antenatal teachers and breastfeeding counsellors; study events for professionals; peer group support

SOCIETY TO SUPPORT HOME CONFINEMENTS

17 Laburnum Avenue
Durham City

Telephone: 0385 61325

Founded 1974

Aims	To support, advise and assist women who want a home confinement but meet with difficulties when trying to make the necessary arrangements
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Secretary- Organiser	Margaret Whyte
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Branches	31
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Publications	Leaflets
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Activities	Advisory and information service; local support groups and local agents; campaigns against the deterioration of the domiciliary midwives service
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See also organisations listed under

MARRIAGE AND FAMILY GUIDANCE
(pages 188-195)

WOMEN

Pregnancy counselling

BRITISH PREGNANCY ADVISORY SERVICE

Austy Manor
Wootton Wawen
Solihull
West Midlands B95 6DA

Telephone: 05642 3225

Founded 1967 Registered charity

Aims	To promote education and research in pregnancy and the termination of pregnancy, and in the physical, medical, psychological and social effects upon women; to provide advice, treatment and assistance for women suffering from any physical or mental illness or distress as a result of, or during, pregnancy including such treatment as may be required in connection with the lawful termination of pregnancy and to establish clinics or medical centres for this purpose
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Information Officer	Mrs Dominica Smith
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Branches	26
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Publications	Monthly newsletter; occasional journal; leaflets and academic papers
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Activities	Services provided by branches include pregnancy testing, contraceptive advice, abortion and sterilisation counselling and sex education; psychosexual counselling is available in some areas—in some cases, for handicapped people; runs three nursing homes
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WOMEN
Pregnancy counselling

BROOK ADVISORY CENTRE

233 Tottenham Court Road
London W1P 9AE

Telephone: 01-323 1522 or 01-580 2991

Founded 1964 Registered charity

Aims To give the young and the unmarried advice on, and practical help with, contraception, pregnancy and emotional and sexual problems

Secretary Pauline Crabbe

Chairman Caroline Woodroffe

Branches 17 (clinics)

Publications Educational booklets; articles; tapes

Activities Clinics, staffed by doctors, nurses and social workers, give contraception and pregnancy counselling, primarily to young people; also offers speakers to schools, colleges, universities and professional groups

WOMEN
Pregnancy counselling

LET LIVE ASSOCIATION

56a Kyverdale Road
London N16

Telephone: 01-806 1984

Founded 1972 Registered charity

Aims A caring organisation for girls and women
who have decided to continue with their
pregnancy

Membership Open to all

Branches 10

Publications Quarterly newsletter; pamphlet

Activities Telephone referral service between 8pm and
10pm; befriending scheme and help with
accommodation

WOMEN
Pregnancy counselling

LIFE

35 Kenilworth Road
Leamington Spa
Warwickshire

Telephone: 0926 21587

Founded 1970

Aims National anti-abortion organisation, non-denominational and non-party political

Secretary Mrs N Scarisbrick

Membership Open to those who subscribe to the objects and aims of the organisation

Branches 150

Publications Biannual newspaper; leaflets and booklets; posters

Activities Provides practical help to women facing a difficult pregnancy; campaigns for the repeal of the 1967 Abortion Act; engages in anti-abortion educative work; has 10 homes for unsupported mothers and babies

WOMEN

Pregnancy counselling

LIFELINE UK — PREGNANCY CARE

39 Victoria Street
London SW1

Telephone: 01-222 6392

Founded 1960	Registered charity
Aims	To help any woman with counselling and care who is facing an unintended pregnancy
Administrator	Mr D Bevan
Branches	9
Publications	Annual newsletter; pamphlets
Activities	Counselling and care service, including post-abortion, miscarriage, adoption; helps in obtaining support from statutory bodies; maintains a list of approved private accommodation

WOMEN
Pregnancy counselling

PREGNANCY ADVISORY SERVICE (PAS)

40 Margaret Street
London W1

Telephone: 01-409 0281

Founded 1968 Registered charity

Aims	To help women with problems of unwanted pregnancy and to assist those with legal grounds for abortion to obtain it; to promote education and research in pregnancy and abortion and in their physical, medical, psychological and social effects
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Activities	Provides counselling, medical consultation, advice and information on unplanned pregnancy, including the problems faced by single mothers, such as adoption, housing and welfare benefits
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See also organisations listed under

MARRIAGE AND FAMILY GUIDANCE
(pages 188-195)

WOMEN

Specific disorders and problems

MASTECTOMY ASSOCIATION OF GREAT BRITAIN

1 Colworth Road
Croydon CR0 7AD

Telephone: 01-654 8643

Founded 1973 Registered charity

Aims To help women who have recently had, or
 been advised to have, a breast removed

Secretary Mrs Betty Westgate

Publications Booklets and leaflets

Activities Help and advice is provided throughout
 The UK by approximately 1500 volunteer
 helpers who have themselves undergone a
 mastectomy; many work with hospitals and
 health visitors

WOMEN
Specific disorders and problems

**NATIONAL COUNCIL FOR THE SINGLE WOMAN
AND HER DEPENDANTS LTD**

29 Chilworth Mews
London W2

Telephone: 01-262 1451/2

Founded 1965 Registered charity

Aims To help single women who have or have had
care of elderly or infirm dependants

Administrative
Director Miss Heather McKenzie

Membership Open to single women who care or have
cared for aged or infirm relatives, and their
friends and supporters

Branches 46

Publications Bimonthly newsletter

Activities Provides information and guidance, includ-
ing information about nursing homes offering
short-term care; studies legislation and
promotes policies to improve conditions;
promotes holidays and relief services

WOMEN

Specific disorders and problems

NATIONAL WOMEN'S AID FEDERATION

51 Chalcot Road
London NW1

Telephone: 01-586 0104

Founded 1975

- | | |
|--------------|--|
| Aims | To provide temporary refuge for women and their children who have suffered mental or physical harrassment; to encourage the women to determine their own futures; to recognise and care for the emotional and educational needs of the children; to offer support and advice and help to any woman who asks for it, whether or not she is a resident; to educate and inform the public, media, police, courts, social services, and other authorities, mindful of the fact that this is a result of the general position of women in our society |
| Branches | Over 100 affiliated groups |
| Publications | Pamphlets and leaflets on all factors affecting battered women |
| Activities | Works to establish a countrywide network of refuges for battered women and their children; campaigns for legislative change and for changes in attitude towards battered women and their problems |
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WOMEN
Specific disorders and problems

RAPE CRISIS CENTRE

PO Box 42
London N6 5BU

Telephone: 01-340 6145 or 01-340 6913

Founded 1976 Registered charity

Aims To provide sound factual information; to change attitudes towards, and facilities for, raped women

Activities A 24-hour counselling service provides emotional support, legal and medical information; public speaking; promotes research

WOMEN

Specific disorders and problems

U & I CLUB

9E Compton Road

London N1

Telephone: 01-359 0403

Founded 1971 Registered charity

Aims	To teach prevention and management of urinary tract infection and associated conditions; to maintain efficient economical help for each sufferer; to spread knowledge until all doctors realise the inadequacies of modern medical treatments of cystitis and to re-educate the modern woman to self-help instead of drug dependence
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Secretary- Organiser	Mrs A Kilmartin
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Publications	Book, <i>Understanding Cystitis</i> , and booklet, <i>Self-help in Cystitis</i> ; leaflets; film; posters
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Activities	Postal and telephone advisory service; referrals to clinics arranged; lectures to medical and lay groups; formation of overseas branches and translation of literature. (The club charges fees for answering personal queries and for private counselling service)
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WOMEN
Specific disorders and problems

WOMEN'S NATIONAL CANCER CONTROL
CAMPAIGN

1 South Audley Street
London SW1H 5DQ

Telephone: 01-499 7532/4

Founded 1965 Registered charity

Aims To encourage measures to prevent and to
detect early cancers in women, in particular
cancers of the cervix and the breast

Principal
Administrator Mrs M K Cooper

Membership Open to all

Branches 2 branches; 1 group

Publications Annual newsletter; leaflets and posters about
the cytotest and breast self-examination;
films

Activities Provides a national coordinating and informa-
tion service on cancer and cancer prevention;
encourages the provision of facilities for
early diagnosis; provides health screening
programmes for women in conjunction with
area health authorities, industry and com-
merce--four mobile clinics available; educates
the public; provides speakers for women's
organisations

ELDERLY PEOPLE

AGE CONCERN ENGLAND

Bernard Sunley House
60 Pitcairn Road
Mitcham
Surrey CR4 3LL

Telephone: 01-640 5431

Founded 1940	as the National Old People's Welfare Council by the National Council of Social Service; became independent in 1970 and changed title in 1971 Registered charity
Aims	Development and support of local groups throughout the UK; social advocacy to improve provision and services for the retired population
Director	Mr David Hobman
Branches	Approximately 1000 local autonomous committees
Publications	Quarterly journal; monthly information circular; wide range of reports, discussion papers and pamphlets
Activities	Information service; pioneers new services for the elderly; grants are allocated to groups for the appointment of development staff and to start off new projects; a team of field officers provides guidance in setting up services and training courses for staff and volunteers; provides a forum for communication between statutory and voluntary bodies concerned with the elderly; research unit; insurance scheme; exhibitions

ELDERLY PEOPLE

COUNSEL AND CARE (ELDERLY INVALIDS FUND)

10 Fleet Street
London EC4Y 1BB

Telephone: 01-353 1892

Founded 1954 Registered charity

Aims To make temporary and permanent care available in suitable homes for patients of retirement age who do not need medical treatment or investigation in hospital and who cannot meet the cost from their own resources; to provide an advisory service on accommodation and services for elderly people or those acting for them

Secretary W L Graham

Publications Annual report; list of nursing homes

Activities Financial aid in the form of contributions towards nursing home fees; advice and information on such matters as nursing homes, rest homes, sheltered housing, diets, aids to home nursing

ELDERLY PEOPLE

FRIENDS OF THE ELDERLY AND GENTLEFOLK'S HELP

42 Ebury Street
London SW1W 0LZ

Telephone: 01-730 8263

Provides grants and allowances to elderly people in need to cover, for example, nursing home and rest home fees, heating costs and emergencies; also runs 12 residential homes

ADDICTIONS

Alcohol

AL-ANON FAMILY GROUPS UK AND EIRE

61 Great Dover Street
London SE1 4YF

Telephone: 01-403 0888

Founded 1952	Registered charity
Aims	To help families and close friends of alcoholics
Membership	Open to relatives and close friends of alcoholics
Branches	Over 430 in UK and Eire (over 13000 worldwide)
Publications	Monthly area magazine; books; pamphlets and leaflets
Activities	Group meetings; Alateen is the junior branch for those aged 12 to 20 whose lives are affected by an alcoholic parent or other relative

ADDICTIONS

Alcohol

ALCOHOLICS ANONYMOUS

PO Box 514
11 Redcliffe Gardens
London SW10 9BG

Telephone: 01-352 9779

Founded 1935 Registered charity

Aims Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Membership Open to those with a desire to stop drinking

Branches Over 1100

Publications Monthly magazine; books and pamphlets

Activities Group meetings; programme of recovery

HELPING HAND ORGANISATION

8 Strutton Ground
London SW1P 2HP

Telephone: 01-222 6862/3

Founded 1964 Registered charity

Aims To provide residential and day centres for those people suffering from alcohol and other addictions; to provide therapeutic counselling; to promote research and education

Chief Executive Mr Brian Arbery

Publications Several publications on drug and alcohol addiction

Activities Manages facilities for alcoholics in Canterbury, Oldham, Manchester, Chester and London, a therapeutic community for drug addicts in Buckinghamshire, a short-stay unit for young people in crisis in London and two counselling centres; disseminates information; undertakes research, and education and prevention, particularly with young people

ADDICTIONS

Alcohol

NATIONAL COUNCIL ON ALCOHOLISM

3 Grosvenor Crescent
London SW1X 7EE

Telephone: 01-235 4183

Founded 1963

Aims	To initiate programmes of both primary and secondary prevention and to create a greater public awareness of the problem of alcoholism
Branches	20 affiliated regional councils
Activities	Establishes, supports and maintains a network of information and advisory centres throughout the UK which offer help and advice to alcoholics, their families and employers; coordinates the work of other groups and encourages the growth of treatment and rehabilitation facilities

ADDICTIONS Drugs

DRUGS INFORMATION AND ADVISORY SERVICE LTD

111 Cowbridge Road East
Canton
Cardiff

Telephone: 0222 26113

Founded 1967 as the Association for the Prevention of
Addiction Ltd; name changed in 1977
Registered charity

Aims To assist those involved in drug taking
(other than alcohol), their families and
friends

Secretary Rev Peter Keward

Membership Group membership only

Publications Quarterly newsletter; educational literature

Activities Referral service to all parts of the UK;
provision of educational literature

ADDICTIONS

Drugs

STANDING CONFERENCE ON DRUG ABUSE

3 Blackburn Road
West Hampstead
London NW6

Telephone: 01-328 6556

Founded 1973	Registered charity
Aims	To coordinate activities of organisations and groups concerned with drug abuse
Secretary- Organiser	Dave Turner
Membership	Open to voluntary organisations fulfilling certain criteria
Publications	Bimonthly newsletter
Activities	Regular conferences, seminars and workshops; dissemination of information; support and consultation to established and new projects; short-stay unit for multiple-drug takers in London; advice for those wishing to make referrals to drug treatment and rehabilitation services

See also

HELPING HAND ASSOCIATION (page 151)

ADDICTIONS

Gambling

GAMBLERS ANONYMOUS

17-23 Blantyre Street
London SW10

Telephone: 01-352 3060

Founded 1964 Registered charity

Aims Fellowship of men and women who have joined together to do something about their own gambling problem and to help other compulsive gamblers do the same

National Secretary Anita

Membership Open to those with a desire to stop gambling

Branches 70

Publications Monthly magazine; information literature

Activities Group therapy; provides speakers for conferences or meetings; works for the families of gamblers

ADDICTIONS

Smoking

ASH (ACTION ON SMOKING AND HEALTH)

27-35 Mortimer Street

London W1N 7RJ

Telephone: 01-637 9843

Founded 1971 Registered charity

Aims To inform and influence those who control policy formation, legislation, public health and education in the UK and the EEC

Director Mike Daube

Branches 8 regional branches

Activities Works with the mass media, politicians, the tobacco, advertising and related industries, health and education professionals, voluntary and statutory organisations; educates the public by national and regional conferences, fact sheets for teachers and health educators; carries out surveys and produces reports; maintains a register of smoking-withdrawal clinics

SPECIFIC DISORDERS AND PROBLEMS

Ankylosing spondylitis

NATIONAL ANKYLOSING SPONDYLITIS SOCIETY

4 Beaconsfield Road
Clifton
Bristol BS8 2TS

Telephone: 0272 36294

Founded 1976 Registered charity

Aims To educate the public, the professions and sufferers; to seek to fund research for early detection, easement, prevention and cure; to promote better treatment facilities throughout the UK; to provide special assistance for seriously affected sufferers

Secretary Mr L G M Tanfield

Membership Open to all sufferers or sympathisers

Branches 4

Publications Regular newsletter; patients' handbook

Activities Advisory and information service; formation of local groups; education; special training of physiotherapists

SPECIFIC DISORDERS AND PROBLEMS

Anorexia nervosa

ANOREXIC AID

Gravel House
Copthall Corner
Chalfont St Peter
Buckinghamshire

Telephone: 01-498 4844

Founded 1974

Aims	To give support to sufferers
Membership	Open to anyone concerned with anorexia nervosa
Branches	25
Publications	Quarterly newsheet
Activities	Each regional branch offers support, information and counselling by group meetings, telephone calls or correspondence; strong emphasis on self-help

SPECIFIC DISORDERS AND PROBLEMS

Back pain

ATLAS

5 Akenside Court
Belsize Crescent
Hampstead
London NW3 5QT

Telephone: 01-435 3309

Founded 1977

- | | |
|--------------|---|
| Aims | To help sufferers make contact for mutual support, exchange of information and self-care; to advance public understanding of back pain and recognition of its economic and social consequences; to improve technical facilities and standards of patient care |
| Hon Chairman | Mrs Helene Grahame |
| Membership | Open to any back pain sufferer, friends and families of sufferers, and anyone with a professional interest |
| Publications | Newsletter; advisory leaflet |
| Activities | Advice and information; enquirers are put in touch with others in their locality; represents the interests of sufferers; pressure group |
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SPECIFIC DISORDERS AND PROBLEMS

Back pain

BACK PAIN ASSOCIATION

Grundy House
Teddington TW11 8TD

Telephone: 01-977 1171

Founded 1968 Registered charity

Aims To promote and finance research into the causes, cures and prevention of back pain; to disseminate information about research findings to the medical and paramedical professions; to provide an industrial advisory service to advise on the economic aspects of back pain problems

Deputy Director Mrs Helene Grahame

Branches 3

Publications Quarterly newsletter; *You and Your Back*, published in association with Pan Books 1977; education leaflet; poster on safe manual handling techniques for industry

Activities Lectures, fund raising, education and research

SPECIFIC DISORDERS AND PROBLEMS

Bereavement

BRITISH GUILD FOR SUDDEN INFANT DEATH STUDY

Pathology Department
Royal Infirmary
Cardiff CF2 1SZ

Telephone: 0222 492233

Founded 1971

Aims	To act as a source of information and support for parents
Secretary	Dr Bernard Knight
Publications	Advisory leaflet
Activities	Provides counselling and information to parents and medical and paramedical staff

SPECIFIC DISORDERS AND PROBLEMS

Bereavement

COMPASSIONATE FRIENDS

50 Woodways
Watford
Hertfordshire WD1 4NW
Telephone: 01-924 7249

Founded 1968	Registered charity
Aims	To offer friendship and support to bereaved parents
Secretary	Mrs Joan Wills
Membership	Open to bereaved parents only
Publications	Quarterly newsletter
Activities	Support is given to newly bereaved parents by parents who have undergone the same experience, through meetings, visits, letters and telephone calls; supplies speakers; gives information where possible; library service lends books on bereavement

SPECIFIC DISORDERS AND PROBLEMS

Bereavement

CRUSE: NATIONAL ORGANISATION FOR WIDOWS AND THEIR CHILDREN

Cruse House
126 Sheen Road
Richmond
Surrey

Telephone: 01-940 4818 or 01-940 9047

Founded 1959 Registered charity

Aims To relieve suffering and distress among
widows, widowers and their children

National
Organiser Derek Nuttall

Membership Open to widows, widowers and their children

Branches 38

Publications Monthly newsletter; books; booklets; leaflets
and fact sheets

Activities Provides counselling and advisory service and
opportunities for social contact; runs training
courses for those working with the bereaved;
undertakes research; assists in providing
holidays

SPECIFIC DISORDERS AND PROBLEMS

Bereavement

FOUNDATION FOR THE STUDY OF INFANT DEATHS

23 St Peter's Square
London W6 9NW

Telephone: 01-235 1721 or 01-245 9421 (day)
01-748 7768 (evening)

Founded 1971 Registered charity

Aims To promote and sponsor research into the cause of sudden and unexpected deaths in infancy, commonly known as 'cot deaths'; to encourage, support and counsel bereaved parents; to be a centre for information, to further communication and to exchange knowledge about sudden infant deaths within the UK and abroad

Secretary Miss J S Beckley

Branches 18 parents' groups

Publications Biannual newsletter; information leaflets

Activities Promotes medical research; offers support and information service to bereaved parents; contact arranged with nearest parents' group; disseminates information to medical and nursing enquirers

SPECIFIC DISORDERS AND PROBLEMS

Brittle bones

BRITTLE BONE SOCIETY

c/o 63 Byron Crescent
Dundee DD3 6SS

Telephone: 0382 87130

Founded 1972 Registered charity

Aims	To raise funds for the support and encouragement of research into the causes, inheritance and management of brittle bones; to advise on sources of accurate genetic advice and to allow patients and relatives of patients with these disorders to get in contact and to exchange information
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Secretary	Mrs Margaret Grant
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Membership	Open to all
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Branches	9
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Publications	Quarterly newsletter
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Activities	Provides financial aid; advice and information; supports research
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SPECIFIC DISORDERS AND PROBLEMS

Cancer

CANCER AFTERCARE AND REHABILITATION SOCIETY

Lodge Cottage
Church Lane
Timsbury
Bath BA3 1LF

Telephone: 0761 70731

Founded 1970	Registered charity
Aims	To help fellow sufferers and their families
Secretary	George W Poole
Membership	Open to cancer sufferers, relatives or friends
Branches	3
Publications	Newsletter; information leaflet
Activities	Visits to patients in or out of hospital, and help with appliances; organises social activities and fund-raising; financial aid in emergencies

SPECIFIC DISORDERS AND PROBLEMS

Cancer

CANCER INFORMATION ASSOCIATION

Marygold House

Carfax

Oxford OX1 1EA

Telephone: 0865 46654 (day)

0865 48174 (evening and weekend)

Founded 1956 Registered charity

Aims

To promote public and professional education about cancer with a view to prevention and early diagnosis, and to attempt to evaluate the response to the approaches used

**Executive
Director**

Mrs A C Marter

Membership

Open to all

Publications

Education leaflets; booklets; visual aids

Activities

Information, education and exhibition centre combined with a charity gift shop; provides lecture service and visual aids for health educators; study days and symposia arranged for professionals; research into cancer education

SPECIFIC DISORDERS AND PROBLEMS

Cancer

MARIE CURIE MEMORIAL FOUNDATION

124 Sloane Street
London SW1X 9BP

Telephone: 01-730 9157

Founded 1948 Registered charity

Aims To establish residential homes throughout the UK for patients with cancer; to provide nursing and other assistance for cancer patients being cared for in their own homes; to provide general information and an advisory service concerning certain aspects of cancer for the general public; to obtain, through the scientific committee of the Foundation, a greater understanding of the disease; to assist in its prevention; and to embark upon new channels of investigation and research

Secretary Paul A Sturgess

Publications Educational leaflets

Activities Provides residential homes throughout the UK; operates an area welfare grant scheme and a day and night nursing service in cooperation with NHS area and district health authorities; provides information, advice and education; conducts research

SPECIFIC DISORDERS AND PROBLEMS
Cancer

NATIONAL SOCIETY FOR CANCER RELIEF

Michael Sobell House
30 Dorset Square
London NW1 6QL

Telephone: 01-402 8125

Provides financial assistance to those in need and, in conjunction with the NHS, is building up a nationwide network of continuing care units to provide short-stay specialist care for inpatients and those living at home

SPECIFIC DISORDERS AND PROBLEMS

Cancer

TENOVUS CANCER INFORMATION CENTRE

90 Cathedral Road
Cardiff CF1 9PG

Telephone: 0222 42851

Founded 1966 Registered charity

Aims To inform the public about cancer, its possible causes and prevention and the benefits of early diagnosis and treatment

Secretary Mrs S P Berry

Publications Educational booklet and leaflets

Activities Information and advisory service; education programme (speakers available only in south-east Wales)

See also

MASTECTOMY ASSOCIATION OF
GREAT BRITAIN (page 140)

WOMEN'S NATIONAL CANCER CONTROL
CAMPAIGN (page 145)

SPECIFIC DISORDERS AND PROBLEMS

Cerebral palsy

SPASTICS SOCIETY

12 Park Crescent
London W1N 4EQ

Telephone: 01-636 5020

Founded 1952 Registered charity

Aims To provide and promote services to cerebral-palsied people and their families; to foster understanding and acceptance of the cerebral-palsied in their homes and by society, and to encourage their integration in the community; to pioneer projects to improve standards of care for the handicapped generally; to promote research into the cause, prevention and treatment of cerebral palsy

Secretary A W M Diamond

Director James Loring

Membership Associate membership is open to anyone interested

Branches 199 affiliated groups in England and Wales

Publications Monthly newspaper; bimonthly journal of the medical education and information unit, *Developmental Medicine and Child Neurology*; books, handbooks and information sheets

Activities Information and advisory service; campaigns and promotion; maintains own schools, further education centres, hostels, residential centres, holiday hotels, family-help units and an industrial training unit; sponsors research; gives financial aid in special cases; supports the self-help clubs

See also

WESTERN CEREBRAL PALSY CENTRE (page 110)

SPECIFIC DISORDERS AND PROBLEMS

Chest and heart

CARDIAC SPARE PARTS CLUB

9 High Street
Harrold
Bedford MK43 7DQ

Founded 1969

Aims	To boost the morale of patients who are awaiting heart surgery and to provide welfare assistance to postoperative heart patients; raise funds for research
Secretary	Mrs L M Tipping
Membership	Open to those about to undergo, or who have had, heart surgery, or any interested person
Publications	Quarterly newsletter; explanatory brochure
Activities	Encourages contact between members and preoperative patients; raises funds to provide welfare assistance and to further cardiac research

SPECIFIC DISORDERS AND PROBLEMS

Chest and heart

CHEST, HEART AND STROKE ASSOCIATION

Tavistock House North
Tavistock Square
London WC1H 9JE

Telephone: 01-387 3012

Founded 1899 Registered charity

Aims To work for the prevention of chest, heart
and stroke illnesses, and to help people who
suffer from them

Director
General Sir Ernest Sidney KBE CB MD FFCM DPH

Publications Quarterly journals for medical readership
and for the public; books, booklets and
leaflets

Activities Education, counselling and welfare services;
rehabilitation of stroke patients suffering
from speech impairment; supports research

SPECIFIC DISORDERS AND PROBLEMS

Coeliac condition

COELIAC SOCIETY

PO Box 181

London NW2 2QY

Telephone: 01-459 2440

Founded 1968 Registered charity

Aims To promote the welfare of those following a gluten-free diet because of coeliac condition or dermatitis herpetiformis; to sponsor research into these conditions

Secretary Miss M K Leighton

Membership Members must have coeliac condition or dermatitis herpetiformis

Branches 50

Publications Magazine; book on coeliac condition; list of gluten-free products

Activities Gives information and advice on gluten-free diets; local support groups meet throughout UK; sponsors research

SPECIFIC DISORDERS AND PROBLEMS

Colostomy

COLOSTOMY WELFARE GROUP

38-39 Eccleston Square
London SW1

Telephone: 01-828 5175

Founded 1966 Registered charity

Aims To assist the welfare and rehabilitation of
colostomists

Branches 12

Activities Advice and information; provides voluntary
visitors and stoma care nurses through a
network of 12 area officers

SPECIFIC DISORDERS AND PROBLEMS

Diabetes

BRITISH DIABETIC ASSOCIATION

3-6 Alfred Place
London WC1E 7EE

Telephone: 01-636 7355

Founded 1934	Registered charity
Aims	To provide mutual aid and assistance and to promote the study, the diffusion of knowledge, and the proper treatment of diabetes
Secretary-General	Mr R L Allard
Membership	Open to anyone interested in supporting the Association's aims
Branches	Over 150 branches and clubs
Publications	Bimonthly journal; advisory leaflets; books on cookery and diet
Activities	Advice on diet, employment, insurance, travel, holidays and diabetic aids; branches organise social, fund-raising and welfare events; organises holidays and camps for diabetic children; promotes the education of the general public, diabetics themselves and professionals; supports medical, scientific and social research

SPECIFIC DISORDERS AND PROBLEMS

Dyslexia

BRITISH DYSLEXIA ASSOCIATION

18 The Circus
Bath BA1 2ET

Telephone: 0225 20554

Founded 1971 Registered charity

Aims To research into the problems of dyslexia and to disseminate the results of such research; to advance the education of persons suffering from dyslexia

Secretary Mrs Marion Welchman

Branches 34 local associations

Publications Pamphlet and book

Activities Provides information service; gives support to local associations

SPECIFIC DISORDERS AND PROBLEMS

Dyslexia

DYSLEXIA INSTITUTE

133 Gresham Road
Staines TW18 2AJ

Telephone: 01-815 9498

Founded 1973 by North Surrey Dyslexic Society
Registered charity

Aims To provide educational and psychological assessment of children and adults with specific reading and writing difficulties; specialist teaching; an advisory service for teachers and parents; training for teachers; to carry out research into the problems of dyslexia

Secretary-
Organiser Mrs V W Fisher

Branches 1 (Sheffield)

Publications Biannual review; surveys; research reports; school lists

Activities Provides education and psychological assessment and specialist teaching (fees charged); advisory and information service; library service; research; teachers' courses

SPECIFIC DISORDERS AND PROBLEMS

Epilepsy

BRITISH EPILEPSY ASSOCIATION

3-6 Alfred Place
London WC1E 7ED

Telephone: 01-580 2704

Founded 1951 Registered charity

Aims To educate and inform the professional and lay public; to help epileptics

Secretary-
Organiser Owen M Jones LLB

Membership Open to all

Branches 2 (regional) and over 100 self-help groups

Publications Quarterly newsletter; literature on epilepsy

Activities Information and advisory service; national network of support groups developed from 'Action for Epilepsy' campaign; courses and lectures; research grants; holidays

SPECIFIC DISORDERS AND PROBLEMS

Haemophilia

HAEMOPHILIA SOCIETY

PO Box 9
16 Trinity Street
London SE1 1DE

Telephone: 01-407 1010

Founded 1950 Registered charity

- | | |
|--------------|--|
| Aims | To provide a fellowship for haemophiliacs and those concerned with their health and welfare, and to give advice on their problems; to safeguard the social and economic interests of haemophiliacs; to bring to the notice of the authorities the special needs of haemophiliacs, and to cooperate with the medical and allied professions to further their care |
| Publications | Bimonthly news bulletin |
| Activities | Provides an advisory and information service; promotes research into the causes and treatment of haemophilia and similar conditions; local groups provide mutual aid; disseminates information to haemophiliacs and the general public; provides financial assistance |

SPECIFIC DISORDERS AND PROBLEMS

Homosexuality

ALBANY TRUST

16-20 Strutton Ground
London SW1P 2HP

Telephone: 01-222 0701

Founded 1958 Registered charity

Aims To promote psychological health through
research, education and social action

Administrative
Officer Jacqui Smith

Publications Booklets

Activities Counselling service; trains and informs
other helping individuals in the personal
social services; is concerned for the needs
of all sexual minorities

SPECIFIC DISORDERS AND PROBLEMS

Huntington's chorea

ASSOCIATION TO COMBAT HUNTINGTON'S CHOREA

Lyndhurst
Lower Hampton Road
Sunbury-on-Thames
Middlesex TW16 5PR

Telephone: 01-979 5055

Founded 1971 Registered charity

Aims To increase and help research projects; to improve welfare facilities and benefits for patients and families; to increase public awareness of the disease and its consequences

National Secretary Mrs M Jones

Membership Open to families afflicted with Huntington's chorea, and professional workers

Branches 20

Publications Biannual newsletter; booklets for families and for doctors; leaflets

Activities Advisory service; family counselling service; branches provide local support; raises funds and distributes information

SPECIFIC DISORDERS AND PROBLEMS

Ileostomy

ILEOSTOMY ASSOCIATION OF GREAT BRITAIN AND IRELAND

Drove Cottage
Fuzzy Drove
Kempshott
Basingstoke
Hampshire RG22 5LU

Telephone: 0256 21288

Founded 1956 Registered charity

Aims To help those about to undergo, or those who have just had, an ileostomy operation, to resume a full life as soon as possible

**Secretary-
Organiser** Leslie F Kingston MBE

Branches 60

Publications Quarterly journal; pamphlets and leaflets

Activities Welfare officers help and advise with personal problems; welfare fund provides financial help; assists in the education of medical personnel by giving lectures and demonstrations; sponsors medical research. Affiliated charities, Kingston Trust (1962) and Wallace-Kingston Trust for Abdominal Diseases (1970), provide homes, accommodation and welfare for all types and ages of ileostomy patients

SPECIFIC DISORDERS AND PROBLEMS

Kidney disorders

BRITISH KIDNEY PATIENT ASSOCIATION

Bordon
Hampshire

Telephone: 042-03 2021/2

Founded 1975 Registered charity

Aims To cater for the material and physical needs of kidney patients and their relatives; to lobby for more facilities; to create, through the media, awareness of the need for kidney donors and the problems of immediacy

President Mrs Elizabeth Ward JP

Membership Open to all British kidney patients

Publications Silver Lining Appeal brochures; leaflets on kidney donation and legal aspects of transplantation

Activities Advice and information to patients and relatives; financial aid

SPECIFIC DISORDERS AND PROBLEMS

Kidney disorders

RENAL SOCIETY

64 South Hill Park
London NW3

Telephone: 01-794 9479

Registered charity

- | | |
|-------------------|---|
| Aims | To give encouragement to kidney patients, particularly those who have to cope with a stringent diet |
| Founder-Treasurer | Grace Blick |
| Membership | Open to all |
| Publications | Quarterly newsletter |
| Activities | Contacts are made through the newsletter, enabling people to exchange views and recipes; information is given regarding diet and possible sources of financial help |

SPECIFIC DISORDERS AND PROBLEMS

Laryngectomy

NATIONAL ASSOCIATION OF LARYNGECTOMEE CLUBS

Room 26
38-39 Eccleston Square
London SW1V 1PB

Telephone: 01-834 2704

Founded 1976 Registered charity

Aims To unite all clubs in the UK whose objects
are to promote the welfare of laryngectomees

Hon Secretary T I Bradley

President J Block

Activities Discovers new laryngectomees and puts
them in touch with their nearest club;
encourages the formation of new clubs;
collects, coordinates and disseminates in-
formation relevant to the rehabilitation of
laryngectomees; forms panels of experienced
oesophageal speakers to visit preoperative
and postoperative patients

SPECIFIC DISORDERS AND PROBLEMS

Leukaemia

LEUKAEMIA SOCIETY

45 Craigmoor Avenue

Queen's Park

Bournemouth

Telephone: 0202 37459

Founded 1967 Registered charity

Aims To promote the welfare of people suffering from leukaemia and that of their families; also the welfare of those families who have lost relatives from the disease

Secretary Mrs Joan M Williams

Membership Open to leukaemia sufferers and relatives

Publications Newsletter; booklets

Activities Provides information, moral support, financial help and holidays

SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

CATHOLIC MARRIAGE ADVISORY COUNCIL

15 Lansdowne Road

London W11 3AJ

Telephone: 01-727 0141

Founded 1946 Registered charity

Aims To help people, especially but not exclusively Roman Catholics, to initiate, sustain and enrich their marriage relationships

Secretary Patrick Seccombe

Branches 62

Publications Quarterly bulletin

Activities Counselling service in marriage and sexual affairs; education in personal relationships; medical and legal advisory service in marriage

SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

CREDITON PROJECT

West Longsight
Crediton
Devon

Founded 1966 as Simon Population Trust Voluntary Sterilization Project, name changed in 1971
Registered charity

Aims Promotion of vasectomy as a method of birth control in suitable cases

Executive Secretary Mrs P B Avant

Publications Leaflet about vasectomy

Activities Distributes information about vasectomy to interested couples, surgeons, other doctors, health workers; compiles list of surgeons willing to perform vasectomies

SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

FAMILY PLANNING ASSOCIATION

27-35 Mortimer Street
London W1N 7RJ

Telephone: 01-636 7866

Founded 1938 Registered charity

Aims To preserve and protect the good health, mental and physical, of parents, young people and children and to prevent the poverty, hardship and distress caused by unwanted conception; to educate the public about procreation, contraception and health, with particular reference to personal responsibility in sexual relationships and to the consequences of population growth; to give medical advice and assistance in cases of involuntary sterility or of difficulties connected with the marriage relationship or sexual problems for which medical advice or treatment is appropriate

**Secretary-
Organiser** Thomas Parker OBE JP

Membership Open to all

Branches 11 regions

Publications 2 quarterly journals; information leaflets

Activities Advice and information on sex education resources, birth control and related problems; inservice training for professionals and parents on sex education; researches into new contraceptive methods; arranges courses and workshops

SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

GINGERBREAD

35 Wellington Street
London WC2

Telephone: 01-240 0953

Founded 1970

Aims	To help parents and children of one-parent families who need information and advice or who feel isolated, lonely and in need of companionship; to educate the public about, and to seek to improve, the social and economic circumstances of one-parent families
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Membership	Open to all
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Branches	350
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Activities	Organises local groups which offer emotional support and practical help; provides an information service; seeks to improve the circumstances of one-parent families by lobbying the government, local authorities and MPs
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SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

GRAPEVINE

Second Floor
296 Holloway Road
London N7

Telephone: 01-607 0935

Founded 1972 by the Family Planning Association

Aims To maintain effective ways of making health and sex education available and acceptable to those young people who do not, of their own initiative, seek information or advice from established agencies; to maintain the Grapevine Centre as an advisory and help centre where young people can receive short-term counselling and accurate information about sex relationships and the general problems and needs of youth; to identify, test and coordinate ways of involving young volunteers in this work; to provide a suitable training programme and support for the Grapevine volunteers; to liaise with statutory and voluntary agencies concerned with the welfare of young people

Organiser Nuala Saunders

Field Officer Richard Byrne

Branches 1 (Basildon, Essex)

Activities Information, advice and counselling by telephone; one-to-one counselling at the Centre; sex education in schools and youth clubs (mainly in the London boroughs of Camden and Islington)

SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

NATIONAL ASSOCIATION FOR THE CHILDLESS

318 Summer Lane
Birmingham B19 3RL

Telephone: 021-359 4887

Founded 1975 Registered charity

Aims	To advise on infertility treatment and testing, fostering, adoption and alternatives; to help people overcome emotional and social problems associated with childlessness, to help them see the positive effects of childlessness and find happiness and renewal; to fight against the stigma attached to childlessness; to press for improved medical treatment
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Secretary- Organiser	Elizabeth Maté
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Membership	Open to those who are childless, whether single or married
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Branches	32
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Publications	Quarterly newsletter; leaflets and booklet on infertility
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Activities	Gives support, advice and information; maintains register of local contacts willing to be telephone counsellors, and lists of specialists and clinics; organises conferences
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SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

NATIONAL COUNCIL FOR ONE PARENT FAMILIES

255 Kentish Town Road
London NW5 2LX

Telephone: 01-267 1361

Founded 1918	as the National Council for the Unmarried Mother and Her Child; changed name and extended role in 1973 Registered charity
Aims	To help individual one-parent families who apply for assistance, and to fight for the rights of one-parent families as a group
Director	Mrs Margaret Brammall OBE JP
Membership	Open to all
Publications	Quarterly journal; leaflets on rights and several pamphlets
Activities	Assists anyone with the problem of caring for a child on his/her own, including single mothers and single pregnant women, separated and divorced parents, widows, wives or husbands of long-stay hospital patients or those serving long-term prison sentences. Information and advice service run by professional counsellors; ensures that one-parent families receive full statutory benefits; campaigns for statutory reform and improvements in services; acts as a link between those needing help and self-help groups and local social workers

SPECIFIC DISORDERS AND PROBLEMS

Marriage and family guidance

NATIONAL MARRIAGE GUIDANCE COUNCIL

Herbert Gray College
Little Church Street
Rugby
Warwickshire

Telephone: 0788 73241

Founded 1938 Registered charity

Aims	To provide a confidential counselling service for people who have difficulties or anxieties in their marriages or in other relationships; to provide an educational service in personal relationships for young people, engaged and newly married couples and parents; to equip men and women to do this work by means of a national system of selection, training, tutorial support and supervision; to publish and distribute literature on marriage and family life; to provide courses and conferences for teachers, ministers of religion, youth leaders and others, and to cooperate with other workers
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Secretary- Organiser	N J Tyndall
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Branches	160
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Publications	Quarterly journal; books
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Secretary- Organiser

N J Tyndall

Branches

160

Publications

Quarterly journal; books

SPECIFIC DISORDERS AND PROBLEMS

Migraine

BRITISH MIGRAINE ASSOCIATION

Evergreen
Ottermead Lane
Ottershaw
Chertsey
Surrey KT16 0HJ

Telephone: 093-287 3242

Founded 1958 Registered charity

Aims To encourage migraine sufferers; to support research; to inform all of latest research; news and views on treatments

Secretary-
Organiser Peter Wilson MBE

Membership Open to all

Publications Newsletter; booklet and leaflets

Activities Advisory and information service; represents the interests of sufferers; promotes research

SPECIFIC DISORDERS AND PROBLEMS

Migraine

MIGRAINE TRUST

45 Great Ormond Street
London WC1N 3HD

Telephone: 01-278 2676

Founded 1965 Registered charity

Aims To finance and coordinate research into the causes, treatment and cure of migraine; to provide sufferers with information and advice

Director Derek R Mullis

Membership Open to all

Branches 3

Publications Regular newsletter

Activities Information service; runs two acute clinics in London; assists research

SPECIFIC DISORDERS AND PROBLEMS

Multiple sclerosis

ACTION FOR RESEARCH INTO MULTIPLE SCLEROSIS (ARMS)

71 Gray's Inn Road
London WC1X 8TR

Telephone: 01-568 2255 (counselling service only)

Founded 1974 Registered charity

Aims To stimulate more research on treatment,
prevention and cure of multiple sclerosis;
to improve public awareness and knowledge;
to provide a nationwide counselling service

**Secretary-
Organiser** John Potter

Membership Open to those with multiple sclerosis, their
families or other interested persons

Publications Newsletter; information sheets

Activities 24-hour telephone counselling service
operated by members with personal experi-
ence of multiple sclerosis; raises funds for
research; dispenses information; lobbies for
better facilities

SPECIFIC DISORDERS AND PROBLEMS

Multiple sclerosis

MULTIPLE SCLEROSIS SOCIETY OF GREAT BRITAIN AND NORTHERN IRELAND

4 Tachbrook Street
London SW1V 1SJ

Telephone: 01-834 8231/2/3

Founded 1953 Registered charity

Aims To cooperate with the medical profession to encourage scientific research into the causes and cure of multiple sclerosis, and to aid and ameliorate the conditions of those suffering from it

General Secretary Mr John Walford

Membership Open to people who have, or are interested in, multiple sclerosis

Branches 296

Publications Quarterly magazine; monthly bulletin

Activities Fund-raising events, social occasions and welfare assistance are arranged through a nationwide network of branches; CRACK MS is the youth arm of the society; supports research

SPECIFIC DISORDERS AND PROBLEMS

Myasthenia gravis

BRITISH ASSOCIATION OF MYASTHENICS

91 Catlow Hall
Oswaldtwistle
Lancashire

Founded 1975	merged with the Myasthenia Gravis Council in 1978 Registered charity
Aims	To relieve and comfort all those who suffer from myasthenia gravis and to bring sufferers together; to publicise the disease; to help in research and welfare
Membership	Open to all sufferers
Branches	20 (regional)
Activities	Programme of education and publicity; promotion of local groups throughout the UK; social and fund-raising activities

SPECIFIC DISORDERS AND PROBLEMS

Paget's disease

NATIONAL ASSOCIATION FOR THE RELIEF OF PAGET'S DISEASE

413 Middleton Road
Rhodes
Middleton
Manchester M24 4QZ

Telephone: 061-643 1998

Founded 1973 Registered charity

Aims	To overcome the colossal ignorance of this complaint; to promote further research and try to find the cause and a cure; to see neglected sufferers receive the help and treatment to which they are entitled
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Founder-Secretary	Mrs Ann Stansfield
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Membership	Open to all
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Branches	3
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Publications	Leaflets
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Activities	Advice and information; fund raising; research
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SPECIFIC DISORDERS AND PROBLEMS

Parkinson's disease

PARKINSON'S DISEASE SOCIETY OF THE UNITED KINGDOM

81 Queens Road
Wimbledon
London SW19 8NR

Telephone: 01-946 2500

Founded 1969 Registered charity

Aims To help patients and their relatives with problems arising from Parkinson's disease; to collect and disseminate information; to encourage and provide funds for research

Executive Director Mr C A A Kilmister

Membership Open to patients and all those concerned for their welfare

Branches 30

Publications Newsletter; booklets and leaflets

Activities Information and advice; welfare work is carried out from headquarters where there is a counselling service, and through the local branches; branches also have an educational and fund-raising role; sponsors medical research

SPECIFIC DISORDERS AND PROBLEMS

Poliomyelitis

BRITISH POLIO FELLOWSHIP

Bell Close
West End Road
Ruislip
Middlesex HA4 6LP

Telephone: 01-715 5515

Founded 1939 Registered charity

Aims To associate sufferers in fellowship; to find means of training members to be self-supporting; to alleviate the loneliness of friendless sufferers, and to bring those who need advice and assistance into contact with available sources of help

**Secretary-
Organiser** Donald S Powell

Membership Open to people disabled by poliomyelitis and their able-bodied friends and supporters

Branches 70

Publications Quarterly newspaper

Activities Personal welfare service, sheltered work scheme, residential hostel accommodation and a holiday hotel; branches promote fund-raising, social, recreational and cultural interests

SPECIFIC DISORDERS AND PROBLEMS

Restricted growth

ASSOCIATION FOR RESEARCH INTO RESTRICTED GROWTH

2 Mount Court
81 Central Hill
London SE19 1BS

Telephone: 01-670 2984

Founded 1970 Registered charity

Aims	To promote the welfare of people of restricted growth and help them to take their proper place in society; to dispel prejudice and ignorance, especially in education and employment; to foster social contact; to seek out and press for help from the social services where needed; to help parents of average size who have children of restricted growth and find adjustment difficult
Secretary	Mary Lindley
Membership	Open to all
Publications	Newsletter; layman's guide booklet
Activities	Information service and medical advice- the association has set up a regional panel of specialists to whom general practitioners can refer patients; advice about clothes and home aids; social gatherings, discussion groups and weekend meetings; international contacts with similar groups; children's committee caters for the needs of parents

SPECIFIC DISORDERS AND PROBLEMS

Rheumatism and arthritis

BRITISH RHEUMATISM AND ARTHRITIS ASSOCIATION

6 Grosvenor Crescent
London SW1X 7ER

Telephone: 01-235 0902/5

Founded 1947 Registered charity

Aims To help sufferers with information, advice and practical aid; to strive for improved welfare and medical facilities; to assist and promote the rehabilitation of those affected by the rheumatic diseases; to stimulate greater awareness of the problems associated with rheumatism and arthritis

Secretary Alan M Davey

Membership Open to sufferers and those who wish to give active or financial support

Branches 142

Publications Quarterly review

Activities Information and advice; nationwide network of branches organises activities; provides holiday and residential accommodation; provides aids and financial assistance in cases of hardship

SPECIFIC DISORDERS AND PROBLEMS

Sickle cell anaemia

NATIONAL ORGANISATION FOR SICKLE CELL ANAEMIA RESEARCH

200A High Road
Wood Green
London N22 4HH

Telephone: 01-889 4844

Founded 1977 after OSCAR (Organ for Sickle Cell Anaemia Research) was disbanded
Registered charity

Aims To establish a centralised body of information and advice which would proceed through voluntary exchange of information among all groups concerned with research, screening, diagnostic procedures, counselling and management of sickle cell disease; to stimulate more understanding among the people likely to be affected by this condition, the medical profession and all personnel dealing with sufferers

Secretary Mrs E White

Membership Open to sufferers and supporters

Branches 1 (north-west London)

Publications Regular literature about sickle cell disease

Activities Provides information; fund-raising; sponsors research; north-west London branch holds monthly meetings with doctors, social workers, nurses and sufferers

SPECIFIC DISORDERS AND PROBLEMS

Skin disorders

NATIONAL ECZEMA SOCIETY

27 Doyle Gardens
London NW10 3DB

Founded 1976	Registered charity
Aims	To relieve sufferers from eczema and related conditions, and their families
Membership	Open to those who wish to further the aims of the society
Branches	33
Publications	Quarterly journal; leaflets
Activities	Education and information service; local branches act as support groups; research fund; represents the interests of sufferers

SPECIFIC DISORDERS AND PROBLEMS

Skin disorders

PSORIASIS ASSOCIATION

7 Milton Street

Northampton NN2 7JG

Telephone: 0604-7 11129

Founded 1968 Registered charity

Aims

To promote research into the causes, nature, treatment and cure of psoriasis and other skin conditions; to advance education in all aspects of psoriasis and its associated medical, sociological and psychological problems; to represent the particular interests of sufferers from skin conditions, both nationally and locally; to press for additional and improved hospital and clinic facilities for dermatology and the provision of expert counsellors for patients; to bring sufferers and their friends and relatives together with involved groups in the community, to increase the understanding of each other's problems, to relieve the stresses of the condition by social contact and to provide a therapeutic benefit

Secretary

John H Wyatt DPA JP

Membership

Open to anyone with an interest in psoriasis

Branches

58

Publications

Journal; information leaflets

Activities

National office provides advice and information; groups and branches offer support and information, social activities and self-help; fund raising for research; education of general public, psoriatics and specific groups such as doctors and hairdressers; pressure group activity; international links

SPECIFIC DISORDERS AND PROBLEMS

Spinal injury

SPINAL INJURIES ASSOCIATION

126 Albert Street
London NW1 7NF

Telephone: 01-267 6111

Founded 1974 Registered charity

Aims To help individuals achieve their own goals; to bring about the best medical care and rehabilitation; to initiate scientific research into paraplegia

General Secretary Bernice Wood

Membership Open to everyone concerned with the welfare of people with spinal cord injuries

Branches 1 (Avon)

Publications Quarterly newsletter; book, *So You're Paralyzed . . .*, by Bernadette Fallon

Activities Advisory and information service; local support provided through link scheme; sponsors research; works with other organisations to improve the lot of disabled people

SPECIFIC DISORDERS AND PROBLEMS

Urinary diversion

URINARY CONDUIT ASSOCIATION

c/o 36 York Road
Denton
Manchester

Telephone: 061-336 8818

Founded 1971 Registered charity

Aims To help those about to undergo or who have already undergone an operation resulting in a urinary diversion

General Secretary Mrs V Kings

Membership Open to all who have undergone a urinary diversion and others interested

Branches 8

Publications Biannual journal

Activities Arranges visits both in hospital and in the home; assists with family problems; branches arrange social activities and fund raising; journal gives practical information and acts as a forum for exchange of views and ideas; promotes research, particularly concerning the development of appliances and equipment

BIG VOLUNTARY ORGANISATIONS

BRITISH RED CROSS SOCIETY

9 Grosvenor Crescent
London SW1

Telephone: 01-235 5454

Local address

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Telephone

ST JOHN AMBULANCE ASSOCIATION AND BRIGADE

1 Grosvenor Crescent
London SW1X 7EF

Telephone: 01-235 5231

Local address

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Telephone

BIG VOLUNTARY ORGANISATIONS

SALVATION ARMY

101 Queen Victoria Street
London EC4

Telephone: 01-236 5222

Local address

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Telephone

WOMEN'S ROYAL VOLUNTARY SERVICE

17 Old Park Lane
London W1Y 4AJ

Telephone: 01-499 6040

Local address

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Telephone

ALTERNATIVE MEDICINE

CHIROPRACTIC ADVANCEMENT ASSOCIATION

38 The Island
Thames Ditton
Surrey KT7 0SQ

Telephone: 01-398 2098

Founded 1965

Aims	To publicise the chiropractic method of diagnosis and treatment of spinal and musculoskeletal complaints; to promote the study and development of the technique and to encourage cooperation between all professions qualified in this field and with general medical practice
Secretary	Mr B Barraclough-Fell
Membership	Open to all (with the exception of professional chiropractors)
Branches	12
Publications	Biannual news bulletin; handbook
Activities	A consumer organisation of chiropractic patients who have benefited from this method of treatment, and who wish others in the same predicament also to have this benefit; provides an information service on the rudiments of chiropractic scope and the availability of practitioners; loan fund assists students and new practitioners

ALTERNATIVE MEDICINE

HEALING RESEARCH TRUST

c/o Hesseltine Moss & Co
3-4 Trump Street
London EC2V 8DH

Founded 1974 Registered charity

Aims To secure public recognition of the alternatives to conventional medicine as effective therapies with practitioners of high professional standards

Secretary E S Higgins OBE

Activities Works to secure the passage of favourable legislation; encourages investigation into alternative methods of therapy; provides bursaries to students; Friends of the Healing Research Trust, a separate organisation, runs an information and advice bureau for guidance on various therapies, publishes a newsletter and hopes to set up a network of local groups attached to natural health centres, where the public can obtain advice and treatment

RELAXATION FOR LIVING

Dunesk
29 Burnwood Park Road
Walton-on-Thames
Surrey KT12 5LH

Telephone: 01-982 7826

Founded 1972 Registered charity

Aims To promote the teaching of physical relaxation to combat the stress, strain, anxiety and tension of modern life and to reduce fatigue; to help people to cope better with living

Secretary Mrs Amber Lloyd AMRSH MIHE

Publications Quarterly newsletter; leaflets

Activities Small group classes taken by about 30 teachers or by correspondence courses; open study events held three times a year; teacher-training courses; advice on commercial aids

ALTERNATIVE MEDICINE

WESSEX HEALTHY LIVING FOUNDATION

72 Belle Vue Road
Southbourne
Bournemouth BH6 3DX

Telephone: 0202 422087

Founded 1977 Registered charity

Aims The promotion of health by natural methods

Organiser Mrs B Klug

Publications Newsletter

Activities Information centre, directing those who want to find an alternative to conventional medicine; natural therapeutic centre offers treatments such as homeopathy, osteopathy, physiotherapy, aromatherapy, naturopathy and acupuncture; education programme includes courses on massage, meditation, exercise, home treatments and healthy eating; postal advisory and information service available

ASSOCIATION OF COMMUNITY HEALTH
COUNCILS FOR ENGLAND AND WALES

362 Euston Road
London NW1 3BL

Telephone: 01-388 4814

Founded 1977

Aims To provide a forum for discussion and exchange of views on NHS matters of common concern; to express and publicise these views; to provide information and advice for CHCs, and to advance their interests

Secretary Mr M A Gerrard

Membership Community health councils only

Publications Monthly journal published by the association but editorially independent (address as above, telephone: 01-388 4943/4)

Activities Information service is open to all individuals and organisations interested in the NHS and the work of CHCs

Local CHC address

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Telephone

MISCELLANEOUS

BRITISH LIBRARY OF TAPE RECORDINGS FOR HOSPITAL PATIENTS

12 Lant Street
London SE1 1QR

Telephone: 01-407 9417/8

Founded 1964 Registered charity

Aims To supply tape recordings of books to
hospital patients who are unable to read
for themselves

Secretary Miss B G Harris

Activities Affiliated hospitals are provided with the
necessary equipment, and tapes are then
supplied on a lending library basis

MISCELLANEOUS

BRITISH SOCIETY FOR MUSIC THERAPY

48 Lanchester Road
London N6 4TA

Telephone: 01-883 1331

Founded 1958 Registered charity

Aims To promote the use and development of music therapy in treatment, education, rehabilitation and training of children and adults suffering from emotional, physical or mental handicap

Chairman Miss Juliette Alvin

Membership Open to all

Branches 5 (regional)

Publications Journal three times a year; conference papers

Activities Advisory and information service; meetings and conferences; offers free musical assessment to parents of handicapped children

MISCELLANEOUS

COUNCIL FOR MUSIC IN HOSPITALS

340 Lower Road
Little Bookham
Surrey KT23 4EF

Telephone: 01-318 8264

Founded 1948 Registered charity

Aims To assist the recovery of all sick persons by
the use of high quality music as a therapeutic
agent

Director and
Secretary Mrs Sylvia Lindsay LRAM ARCM

Publications Survey report on the value of live music in
the treatment of mental illness

Activities Gives concerts in hospitals and homes
throughout the country; advice is also
given on any other musical activity and
on music therapy

MEDIC-ALERT FOUNDATION

9 Hanover Street
London W1

Telephone: 01-499 2261

Founded 1956 Registered charity

Aims Educating and encouraging individuals to wear on their person identification of any hidden medical problems that should be known in an emergency and having further information readily available round the clock by reverse call from anywhere in the world

Secretary-General Mrs June M Smith

Membership Open to all (application form must be signed by a general practitioner)

Publications Information leaflets

Activities Distributes a metal emblem engraved with the wearer's medical problem; additional medical and personal information is filed at headquarters where a 24-hour telephone service operates

MISCELLANEOUS

NATIONAL ASSOCIATION OF LEAGUES OF HOSPITAL FRIENDS

365 Fulham Road
London SW3

Telephone: 01-385 0974

Local address
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Telephone

OUTSET

30 Craven Street
London WC2

Telephone: 01-980 4255

Founded 1970 Registered charity

Aims To encourage and enable people, especially young people, to participate in a wide range of projects that benefit both themselves and their local communities

Director Mr Stuart Mole

Branches 6

Publications Newsletter; survey and conference reports

Activities Promotes youth action projects—for example, access surveys of cities and towns, gardening, decorating and odd-job schemes for the elderly or housebound; the disablement information unit monitors the implementation of the 1970 Chronically Sick and Disabled Persons Act, advises local authorities and voluntary bodies on survey techniques, carries out research into aspects of disablement and encourages support schemes for disabled people using voluntary workers

MISCELLANEOUS

PAINTINGS IN HOSPITALS

Nuffield Lodge
Regent's Park
London NW1 4RS

Telephone: 01-722 8871

Founded 1960 Registered charity

Aims To further the well-being of hospital staff
and patients

Secretary Grace McDonald

Activities Operates a scheme for hospitals to borrow
original paintings for a nominal fee

MISCELLANEOUS

PATIENTS' ASSOCIATION

11 Dartmouth Street
London SW1H 9BN

Telephone: 01-222 4992

Founded 1963

Aims	To represent and further the interests of patients; to give help, advice and counselling to individuals; to acquire and spread information about patients' rights and interests; to promote understanding and goodwill between patients and the medical and related professions
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General Secretary	Mrs Audrey Goehr
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Membership	Open to all
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Publications	Newsletter; educational pamphlets; self-help directory
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Activities	Information, advice and counselling to individuals and groups; takes up individual complaints; represents the patients' point of view in the media and to the DHSS and other relevant organisations; can supply speakers
------------	--

MISCELLANEOUS

SESAME

George Bell House
Bishop's Hall
8 Ayres Street
London SE1 1ES

Telephone: 01-407 2159

Founded 1977 Registered charity

Aims To make possible a fuller life for the sick and handicapped through applied drama and movement

Activities Arranges demonstrations in hospitals and other centres; initiates links with clinics, residential homes and schools and clubs; undertakes research; trains occupational therapists, nurses, teachers and others working with the mentally and physically handicapped and the elderly; hopes to bring together people from the arts and medicine in order to create greater understanding between the two professions

SHAPE

44 Earlham Street
London WC2

Telephone: 01-836 0487

Founded 1976

- | | |
|--------------|---|
| Aims | To link professional artists of every discipline with hospitals or similar settings who wish to make use of them; to establish and encourage greater use of the arts with patients of every kind, as well as with hospital staff, either with the purpose of giving enjoyment, entertainment and stimulus or as part of the overall therapy programme |
| Organiser | Gina Levete |
| Publications | Research report, <i>Register of Artistic Activities and Therapies Used in Hospitals</i> |
| Activities | Setting up links throughout the UK between artists and hospitals: after an initial period of three months, the hospital takes over responsibility for funding the link, if it so wishes; conducts research into the need for such activities; arranges workshop and training courses |

ORGANISATIONS IN SCOTLAND

SCOTTISH ASSOCIATION FOR THE DEAF

Moray House
Edinburgh EH8 8AQ
Telephone: 031-556 8137

SCOTTISH ASSOCIATION FOR MENTAL HEALTH

11 St Colme Street
Edinburgh EH3 6AA
Telephone: 031-225 4606

SCOTTISH ASSOCIATION FOR THE STUDY OF DYSLEXIA

2 Coltbridge Avenue
Edinburgh EH12 6AF
Telephone: 031-337 3292

SCOTTISH ASSOCIATION OF VOLUNTARY CHILD-CARE ORGANISATIONS

9 Union Street
Edinburgh EH1 3LT
Telephone: 031-557 2780

ORGANISATIONS IN SCOTLAND

SCOTTISH COUNCIL ON ALCOHOLISM

34 Queen Street
Edinburgh EH2 1JX

Telephone: 031-225 1811

SCOTTISH COUNCIL ON DISABILITY

19 Claremont Crescent
Edinburgh EH7 4QD

Telephone: 031-556 3882

SCOTTISH COUNCIL FOR SINGLE PARENTS

44 Albany Street
Edinburgh EH1 3QR

Telephone: 031-556 3899

SCOTTISH COUNCIL FOR SPASTICS

Rhuemore
22 Corstorphine Road
Edinburgh EH12 6DD

Telephone: 031-337 2804 or 031-337 2626

ORGANISATIONS IN SCOTLAND

SCOTTISH EPILEPSY ASSOCIATION

48 Govan Road
Glasgow G51 1JL

Telephone: 041-427 4911

SCOTTISH INFORMATION SERVICE FOR THE DISABLED

19 Claremont Crescent
Edinburgh EH7 4QD

Telephone: 031-556 3882

SCOTTISH MARRIAGE GUIDANCE COUNCIL

58 Palmerston Place
Edinburgh EH12 5A2

Telephone: 031-225 5006

SCOTTISH NATIONAL FEDERATION FOR THE WELFARE OF THE BLIND

39 St Andrew's Street
Dundee DD1 2EU

Telephone: 0382 27101

ORGANISATIONS IN SCOTLAND

SCOTTISH NATIONAL INSTITUTE FOR THE WAR BLINDED

Gillespie Crescent
Edinburgh EH10 4HZ

Telephone: 031-229 1456

SCOTTISH PARAPLEGIC ASSOCIATION

3 Cargill Terrace
Edinburgh EH5 3ND

Telephone: 031-552 8459

SCOTTISH SOCIETY FOR AUTISTIC CHILDREN

Room 1
1st Floor
12 Picardy Place
Edinburgh EH1 3JT

Telephone: 031-557 0474

SCOTTISH SOCIETY FOR THE MENTALLY HANDICAPPED

60 West Regent Street
Glasgow G5 2AN

Telephone: 041-331 1551/2

ORGANISATIONS IN SCOTLAND

SCOTTISH SPINA BIFIDA ASSOCIATION

190 Queensferry Road
Edinburgh EH4 2BN

Telephone: 031-332 0743

SCOTTISH SPORTS ASSOCIATION FOR THE DISABLED

Secretary: Mr R Brickley
Fife Institute of Physical Recreational Education
Viewfield Road
Glenrothes
Fife

SCOTTISH TRUST FOR THE PHYSICALLY DISABLED LTD

9 Wheatfield Road
Edinburgh EH11 2PX

Telephone: 031-225 8011

ORGANISATIONS IN WALES

WALES COUNCIL FOR THE BLIND

Penfro lon-y-coed

Brecon

Powys LD3 7NA

Telephone: 0874 2881

WALES COUNCIL FOR THE DISABLED

Crescent Road

Caerphilly

Mid Glamorgan

Telephone: 0222 869 224

WELSH SPORTS ASSOCIATION FOR THE DISABLED

Crescent Road

Caerphilly

Mid Glamorgan

Telephone: 0222 869 224

ORGANISATIONS IN NORTHERN IRELAND

NORTHERN IRELAND ASSOCIATION FOR MENTAL HEALTH

Beacon House
University Street
Belfast BT7 7HE

Telephone: 0232 28474/5

NORTHERN IRELAND PARAPLEGIC ASSOCIATION

Secretary: Miss Y Graham
Dunratho
Lemonfield Avenue
Holywood
Co Down

NORTHERN IRELAND POLIO FELLOWSHIP

485 Antrim Road
Belfast BT15 3BP

Code

A	addiction	L	lobbying/pressure group
B	blind	M	maternity
C	children	O	work/employment
D	deaf	P	physical disability
E	elderly	Q	alternative medicine
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G	financial aid	S	sexual problems
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The King's Fund Directory of Organisations for Patients and Disabled People

For over 80 years the King's Fund has encouraged voluntary effort in health care by helping to support organisations, particularly in London and south-east England, whose work complements that of the statutory health services. This traditional activity of the King's Fund continues alongside a comparatively more recent interest in supporting new, smaller organisations and groups which deal with specific disabilities such as epilepsy, colostomy, spinal injury. Often the initiative has come from a man or woman so disabled, or from a relative or friend, or sometimes from a professional with a special interest. The organisation gives skilled practical advice and support to patients whose everyday needs cannot be tackled entirely by the professional health and social services or the more generalised voluntary organisations. The directory lists all these organisations, and many others better known and well established, which offer a national service. It will be of use to the very many people who depend on the help of voluntary organisations, and to all those who require information on the services they can provide.

Other Titles From The King's Fund

When I Went Home . . . a study of patients discharged from hospital by Pat Gay and Jill Pitkeathley
ISBN 0 900889 72 1

Living in Hospital — the social needs of people in long-term care, with checklist of 100 questions by James Elliott
ISBN 0 900889 59 4

FROM ALL BOOKSELLERS

Full list from the King's Fund Publishing Office,
126 Albert Street London NW1 7NF

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